

# What is the Shift?

## 什么是大转变 (Shift)?

{H: 本章 grok 机译版本，由于今早受到指引，整理了此文件，可能存在少量翻译问题，总的来讲，ai 确实翻译的已经很到位了，时间不多了，尽可能把信息带给大家，有疑惑的自己去钻研，我永远支持你们自己的去翻译与探索真知，使用 ai 并不拘泥于形式，卡柏也用 ai 制图，你们的内在携着源头之光，与过去、当下、未来的万物同在，相信自己的是无限的潜能，用意图创造一切你所愿，为你所用，为你所爱。}

The information provided here is sourced from years of telepathic contact with Pleiadian soul family by contactee, Judith Lynn.

此处的消息来源自接触者朱迪丝·林恩 (Judith Lynn) 多年来与昴宿星灵魂家族的心灵感应联系。

## Cultural References

It's been prophesied throughout history and referred to by many names; **Ascension, Day of Purification, the Event, New Earth, Age of Aquarius, New Golden Age, Shift of the Ages, Day of the Lord, Biblical Rapture and the Second Coming of Christ**, to name a few.

It describes a transition to a higher state of being with eternal peace and prosperity. Our Pleiadian family calls it the Shift. It's an immediate transition from this 3D Earth to a parallel 5D Earth in another dimension.

## 文化背景

转变在历史上被多次预言，并以多种名称被提及：升天、净化之日、事件、新

地球、水瓶座时代、新黄金时代、时代转变、主之日、圣经中的携升和基督第二次降临等。

它描述了向更高存在状态的过渡，带来永恒的和平与繁荣。我们的昴宿星家族称之为“转变”。这是从这个三维地球到另一个维度中的平行五维地球的即时过渡。

## Earth School

Pleiadians teach us that Earth is a school where souls from other worlds (starseeds) volunteer to experience challenges that lead to soul growth alongside Earth-native souls who reincarnate naturally.

We're in a controlled environment with free will and some obstacles included in our soul plan which are planned by us. There are lies and deceptions in this world, but there's also assistance from forces of light and protection from outside threats.

## 地球学校

昴宿星人教导我们，地球是一所学校，来自其他世界的灵魂（星际种子）自愿体验挑战，以促进灵魂成长，与自然轮回的地球原生灵魂一起。

我们处于一个具有自由意志的受控环境中，灵魂计划中包含了一些我们自己规划的障碍。这个世界有谎言和欺骗，但也有来自光之力量的协助和对外来威胁的保护。

## Earth Graduation

At the Shift, humans will transcend aging, sickness and death and receive new abilities. There will be full disclosure on every topic and answers to every question. Humans meet many galactic races and become a galactic civilization.

Earth-native souls and starseeds will experience the Shift together, but since starseeds are already ascended beings, Earth's ascension is primarily for the benefit of Earth-native souls. The Shift is graduation for Earth-native souls.

## 地球毕业

在转变时，人类将超越衰老、疾病和死亡，并获得新的能力。所有话题都将完

全公开，每一个问题都将得到解答。人类将与众多银河种族相遇，成为一个银河文明。

地球原生灵魂和星际种子将一起经历转变，但由于星际种子已是提升的存在，地球的升天主要为地球原生灵魂的利益。转变是地球原生灵魂的毕业。



A Galactic Federation Plan

银河联邦的计划

Our ascension is not caused by a solar flash or cosmic cycle. It's a plan that was made thousands of years ago by Galactic Federation.

Ascension has been gifted to many worlds who have reached this point of readiness, and Earth is next. The generations alive now are the ones who will experience it.

Earth is unique because so many members of Galactic Federation have incarnated as humans on Earth throughout history. What we've assumed is only human history is also galactic history.

Elder Ikai calls Earth “Kishapolee” ( ‘ Child of Mine ’ in light language) which speaks to his love for humanity and the special status Earth holds. All the good

things coming are due to Elder Ikai eternal support.

我们的升天不是由太阳闪焰或宇宙周期引起的。这是银河联邦数千年前制定的计划。

许多达到准备状态的世界已被赋予升天的礼物，地球是下一个。现在活着的一代人将体验到它。

地球是独特的，因为银河联邦的许多成员在历史上化身为地球上的人类。我们认为的仅是人类历史，实际上也是银河历史。

长老伊凯 (Elder Ikai) 称地球为 “Kishapolee” (在光之语言中意为 “我的孩子” )，表达了他对人类的爱和地球的特殊地位。所有即将到来的美好事物都归功于长老伊凯永恒的支持。



## Why Now?

Advanced technologies are emerging and progressing exponentially. Immediate communication has a direct effect on the collective consciousness. Artificial Intelligence is taking over in many ways. By the standards of Elder Ikai, humans have endured all the tests necessary to advance.

## 为什么是现在？

先进技术正在出现并呈指数级发展。即时的通信对集体意识产生直接影响。人工智能在许多方面正在接管。按照长老伊凯的标准，人类已经通过了所有必要的考验，可以向前迈进。

## A Separation of Good and Evil

### 善恶的分离



There will be two Earths. This 3D Earth and a new 5D Earth.

The people who are left behind at the Shift will witness millions of people disappear in the blink of an eye. There will be panic and fear in the minutes and hours to follow.

Many explanations will emerge and it 's likely to be blamed on mass alien abduction.

Only extremely low vibration people won't make it. The satanic elites, murderers, pedophiles, rapists, career criminals, and generally the most hateful and depraved people. Most people have nothing to worry about. People who are flawed but trying their best will ascend.

No one will actually be left behind, as each person who realizes what has happened can make the choice at any moment to ascend too. All it takes is a realization that there is Light that they can call on, whether they define it as God or anything else. Love is still in their heart chakra and can be activated.

When the person left behind realizes that people ascended and that they too want to ascend, they won't die but will instantly be in a density of non-physical, totally awake and aware, and they will be allowed to choose between Shifting to Sheen or starting over as these new humans born on the new Earth.

将有两个地球：这个三维地球和一个新的五维地球。

在转变时，未被带走的人们将目睹数百万人在眨眼间消失。在接下来的几分钟和几小时内，将出现恐慌和恐惧。会出现许多解释，很可能被归咎于大规模的外星绑架。

只有极低振动的人无法通过。撒旦精英凶手、恋童癖、强奸犯、职业罪犯，以及普遍最具仇恨和堕落的人。大多数人

无需担心。那些有缺陷但尽力而为的人  
将升天。

实际上，没有人会被真正抛下，因为每  
一个意识到发生之事的人可以在任何  
时刻选择升天。只需要意识到有光可以  
呼唤，无论他们将其定义为上帝或其他  
任何东西。他们的心轮中仍有爱，可以  
被激活。

当被留下的人意识到人们已经升天，并  
且他们也想升天时，他们不会死亡，而  
是立即进入非物质的密度，完全清醒和  
觉知，他们可以选择前往希恩（Sheen）  
或作为新生人类在新地球上重新开始。

The Process Of Ascension

升天的过程



The new Earth (Sheen) was established by Galactic Federation on April 2, 2021. When we finally experience it, it means we have traveled through the portal to the moment Sheen was first established. We won't be time traveling on this Earth, or on this timeline. Nothing that happened will be undone. We'll remember everything. We'll just be continuing forward from a different point.

新地球（希恩）已于 2021 年 4 月 2 日由银河联邦建立。当我们最终体验到它时

意味着 我们已通过传送门到达希恩首次建立的时刻。

我们不会在这个地球或这个时间线上进行时间旅行。发生的一切不会被撤销。我们将记住所有事情。我们只是从一个不同的点继续前进。

## Portals

Every soul has a personal portal near them that they enter and exit their human life. At the moment Elder Ikai gives the signal, a portal of energy and light will surround the entire planet, as well as each ascending human individually.

传送门

每个灵魂附近都有一个个人传送门，用于进入和退出人类生活。在长老伊凯发出信号的时刻，一个能量和光的传送门将环绕整个地球，以及每个升天的人类个体。

**Elder Ikai** — “A frequency is set in place to usher Earth into a light of being that has never existed in any waking dream. This magnificent frequency will draw all beings into the portal of entry of the divine essence of Sheen! This frequency covers the Earth in perimeters of majesty as a dimension will open the boundaries to receive all life! Each soul has an energy portal that will open to a massive portal of light in shimmering vibrations!”

|                                            |
|--------------------------------------------|
| <b>Elder Ikai</b> — Communication Relay To |
| <u>Earth</u>                               |



长老伊凯 - “一种频率已被设定，以引领地球进入从未在任何清醒梦境中存在过的光之存在！这种壮丽的频率将吸引所有生命进入希恩神圣本质的入口传送门！这种频率以庄严的边界覆盖地球，一个维度将打开界限以接纳所有生命！每个灵魂都有一个能量传送门，将开启一个闪烁振动的巨大光之传送门！”

长老伊凯 - 地球通信中继



The portals are in sync with all crystals within our bodies including the 144,000

lightworkers who are specially encoded, the bodies of animals and a grid of underground crystals placed all around the planet.

There will be a feeling of bliss as Earth is covered with a new frequency. In a blink everything will change. Spirit will allow each soul to transmute their consciousness and form to upgraded bodies and each soul will instantly be in Sheen.

The heart chakra is the frequency that allows all of the Akashic to be remembered. Everyone will have the perspective of their soul and understand the purpose of each waking dream.

The sky will change colors as portals open and crafts of all shapes and sizes appear. Crafts will land in designated areas and

celebrations will commence. There will be public announcements and introductions, beginning with Elder Ikai and our Taygeta family.

No one will be separated from pets or loved ones. Nothing will be lost, and everything will be gained. Details of the world we remember could be somewhat different. We will be experiencing a reality without the history of manipulation by dark forces. It will be a perfected version of the Earth we know.

传送门与我们体内的所有水晶同步，包括 144,000 名特别编码的光之工作者、动物的身体以及遍布地球的地下水晶网格。

地球将被一种新频率覆盖，带来幸福感在一瞬间，一切都将改变。灵魂将允许

每个灵魂转变意识和形态为升级的身体，每个灵魂将立即进入希恩。

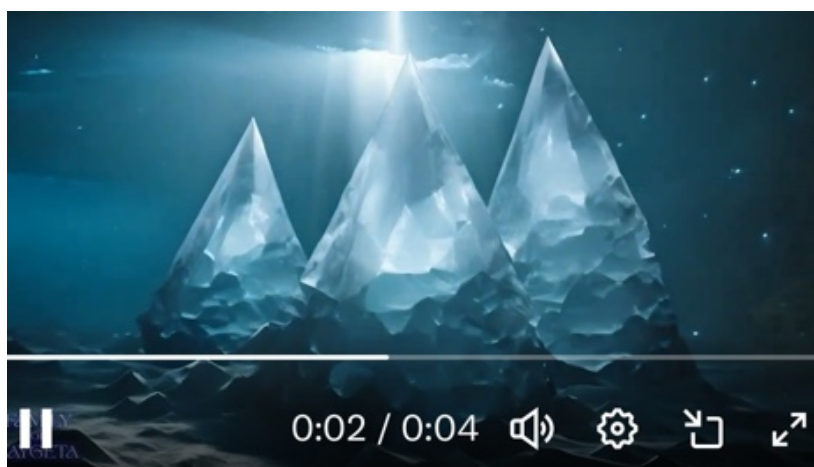
心轮是回忆所有阿卡西记录的频率。每个人都将拥有灵魂的视角，理解每个清醒梦境的目的。

天空将改变颜色，传送门开启，各种形状和大小的飞船将出现。飞船将在指定区域着陆，庆祝活动将开始。将有公开声明和介绍，从长老伊凯和我们的泰格塔（Taygeta）家族开始。

没有人会与宠物或亲人分离。什么都不会失去，一切都将获得。我们记忆的世界的细节可能有些不同。我们将体验一个没有黑暗力量操控历史的现实。这将是我们所知的地球的完美版本。

# Quartz Crystal Transmitters

## 石英水晶发射器



Crystals are spirit in many types of forms and are alive with consciousness. Within our bodies, throughout the Earth, and on stars in thousands of galaxies that are unknown to Earth. Crystals were created to be with all life in all densities and dimensions to assist in emitting frequencies to raise consciousness. Quartz is the most

powerful transmitter of spirit  
communication, energy, sound and  
technology on crafts.

There are crystal transmitters placed deep  
in the oceans, beneath mountains and in  
deserts and ice. These are 200 To 300 feet  
tall and there are thousands of these quartz  
crystals in a triangular shape. Each crystal  
stands perfectly straight and will rise at  
the moment of the Shift. Crystal placement  
is continually checked due to shifts In the  
Earth from earthquakes, tsunamis,  
hurricanes or natural movement of the  
Earth.

水晶是多种形式的精神，拥有意识，存  
在于我们体内、地球上以及地球未知的  
数千个星系的星星上。水晶被创造为存  
在于所有密度和维度中的生命，协助发

射频率以提升意识。石英是精神沟通、能量、声音和飞船技术的最强大发射器

在海洋深处、山脉下、沙漠和冰层中有水晶发射器。这些水晶高 200 至 300 英尺 {约 60-91 米}，呈三角形，共有数千个。每个水晶都完美直立，将在转变时刻升起。由于地震、海啸、飓风或地球的自然运动，水晶位置会不断检查。

## Transmutation of Energy

### 能量的转变



When the Shift occurs and the portal of light covers the Earth, all of the negative energy released will be removed and sent through the black hole at the center of the Milky Way, near Sagittarius A.

当转变发生，光之传送门覆盖地球时，所有释放的负能量将被移除，通过银河系中心靠近人马座 A 的黑洞发送。

**Neioh** — “A large black hole awaits the soon coming shift of the ages. In the center of the Milky Way near Sagittarius A carries the vibration connecting to the galactic sun. Life will at last be reconciled with darkness and light of all beings.

As the portal of light entry covers the Earth, the largest black hole will swallow all residual energy from the changing of Earth's density to one of peace. The



Earth of inhabitants will change as souls take light with them to sheen. The remaining Earth will feel as though death is near. But a renewal of life will be planned by Pleiadians who leave no one in despair.

The residual energy from the darkness of Earth ' s groaning will be propelled upward and outward as black holes receive the energy of death and darkness.

Everything will be absolute and in order as life on the new Earth thrives in light!"

**Neioh – The Mystery of Black Holes**

尼奥 - “一个巨大的黑洞等待着即将到来的世代转变。在银河系中心靠近人马座 A 的地方，承载着连接银河太阳的

振动。生命将最终与所有生命的黑暗和光和解。

当光之入口传送门覆盖地球时，最大的黑洞将吞噬地球密度变化中剩余的所  
有能量。居民的地球将转变，灵魂将带着光前往希恩。剩余的地球将感觉死亡即将来临。但昴宿星人将计划生命的更新，不会让任何人绝望。

地球呻吟的黑暗残余能量将向上和向外推进，黑洞接收死亡和黑暗的能量。  
一切都将绝对有序，**新地球上的生命将在光中蓬勃发展！”**

尼奥 - 黑洞之谜

## The 5D Earth, Sheen

Sheen will have everything we have now, but it will be perfected as if the negative influences never existed at all. There will be no more death by disease or old age, and reincarnation will be done. Humans will continue having families and children. 5D Earth will thrive as a galactic civilization.

## 五维地球，希恩

希恩将拥有我们现在拥有的一切，但将完美无瑕，仿佛负面影响从未存在。不会再有疾病或衰老导致的死亡，轮回将结束。人类将继续组建家庭和生育孩子。五维地球将作为一个银河文明蓬勃发展。

Neioh — “This will be a wonderful and amazing time for

all! The Soul and true Self will finally be able to come forth without resistance. The Light that is within each Being and form of life will be at the expression that Source Intended. All of the lives lived will merge into ONE if they have not already. The pure desires and Intentions for Self and Another will be the same. The talents and interests that one has will be amplified and enjoyed in a new way. They will seem to be perfected. This will be because no dark forces will be left."

尼奥 - “这将是一个美好而惊奇的时刻！灵魂和真实自我将终于能够不受阻力地展现。每个生命和存在形式内的光

将表达源头意图。所有经历过的生活将融合为一体，如果尚未完成。自我与他人的纯净愿望和意图将相同。个人的才华和兴趣将被放大，以新的方式享受。它们将看似完美。这是因为 不再有黑暗力量存在。”

The size of our planet will seem to expand. There will be endless space for everyone to live on their own land. Everything we think we understand about physics will be turned upside down.

地球的大小将看似扩展。每个人都将拥有无限的空间生活在自己的土地上。我们对物理学的理解将被颠覆。

**Akatsu** - "Some reading this might wonder about space and size and how everything and

everyone will fit in an area!  
Beloved ones! You will not be  
bound by the perception and  
visualization of Earth as you  
know it! You will live in true  
timelessness with unlimited  
space. If you look in a direction,  
more will appear! You will fully  
understand your creative  
expression! For you carry source  
within as the expression of all  
life!"

阿卡图 - “有些人可能想知道空间和大小，以及一切和所有人如何适应一个区域！亲爱的朋友们！你们将不再受限于地球的感知和可视化！你们将生活在真正的无限时间和无限空间中。如果你朝一个方向看，更多将出现！你将完全理

解你的创造表达！因为你内在  
承载着作为所有生命表达的  
源头！”

## Reunions

Humans will reunite with all departed loved ones. All Souls will be known to each other. Friends, family, loves, and enemies will be remembered. We will have full access to our Akashic records and will have the ability to view any past lifetime or moment in Earth history.

## 重聚

人类将与所有逝去的亲人重聚。所有灵魂将彼此相识。朋友、家人、爱人和敌

人将被忆起。我们将完全访问我们的阿卡西记录，并能查看任何过去的生活或地球历史中的时刻。

## Money

A short-term currency will transition Earth to a non-currency system. There will be a return to a more simplistic barter and trade system, and people can work to achieve more. Most people will spend their time with hobbies and developing new talents.

## 货币

短期货币将过渡地球到一个非货币系统。将回归更简单的以物易物和贸易系统，人们可以工作以获得更多。大多数人将把时间花在爱好和发展新才华上。



# Technology

New technology will be gifted to humans to provide for every want or need. Existing problems will be solved, and improvements will be made in transportation, education and entertainment. Learning how to use crystals will change everything.

## 技术

新技术将被赠予人类，满足每一个需求或愿望。现有问题将被解决，交通、教育和娱乐将得到改进。学习如何使用水晶将改变一切。

**Neioh** — “There will be a new Love for Nature and the knowledge that all is sacred and alive. Crystals will be activated

and programmed much as we can do now. But these living entities of Love will be connected to the person who has them in a new way. They contain energy and information. They will be held in the palm and give and receive information to and from the holder. Much like a computer. They have always been used for galactic travel and finally all will have access to this."

尼奥 - “将有对自然的新爱，  
知道一切都是神圣且有生命  
的。水晶将被激活和编程，就  
像我们现在可以做的那样。但  
这些爱的生命体将以新的方  
式与持有者连接。它们含有能  
量和信息。它们将被持在掌中，

与持有者交换信息。就像计算机一样。它们一直用于银河旅行，最终所有人都将能使用。”

## Space Travel

Humans will travel the universe as junior members of Galactic Federation. There will be new schools where star visitors will share advanced knowledge on many subjects. There will be new forms of art and music inspired by extraterrestrial cultures.

## 太空旅行

人类将作为银河联邦的初级成员遨游宇宙。将有新学校，星际访客将分享许多主题的先进知识。将有受外星文化启发的新艺术和音乐形式。

Neioh — “Space travel will become common as all will become accustomed to the new frequencies, multiple strands of DNA and a normal life of 5-D and beyond will be activated for all. There will remain choices for those who wish to expand Consciousness at a slower pace. This gives freedom of choice. Freedom is our right as Beings.

尼奥 - “太空旅行将变得常见，所有人将适应新频率、多股 DNA，5 维及以上的正常生活将为所有人激活。仍将有选择以较慢速度扩展意识的人。这赋予了选择的自由。自由是我们作为存有的权利。”

There won't be physical sickness or death, but humans will still practice healthy living. Food will be perfected. There will still be eating and drinking in Sheen. Our bodies can still be damaged, but healing will be done quickly.

## 健康

不会再有身体疾病或死亡，但人类仍将实践健康生活。食物将被完善。在希恩仍将有饮食。我们的身体仍可能受损，但愈合将很快完成。

**Neioh** — “There will be only Holistic types of treatments. We will not call them medicines, but they will be considered to be a part of a healthy and whole life. These will be obtained from the beautiful plants and flowers no

longer contaminated by the toxins once sprayed. The flowers and vegetables will once again look as they should and contain all we need to sustain. They will be much like Taygeta where our flowers are the sizes of cantaloupes now. Water will be pure and can be obtained naturally from streams and be safe."

尼奥 - “**将只有整体治疗类型。我们不会称之为药物，但它们将被视为健康完整生活的一部分。**这些将从不再受毒素污染的美丽植物和花朵中获得。花朵和蔬菜将恢复应有的样子，包含我们所需的一切。它们将像泰格塔的花朵一样，尺寸如现在的甜瓜。水将纯净，

可从溪流中自然获取且安全。”

## Abilities

New abilities will manifest instantly. Everyone will be physically youthful and healthy. We'll have a crystalline based heart and circulatory system. We'll be able to fly. We'll be telepathic. Everyone will develop new talents and interests.

Starseeds will begin to look more like their true higher selves. Incarnated Arcturians will look more Arcturian, Sirians will look more Sirian. Starseeds will remain in Sheen until they decide to return home and will leave the physical body without death at the time of their choosing.

能力

新能力将立即显现。每个人都将身体年轻且健康。我们将拥有基于水晶的心脏和循环系统。我们将能够飞行。我们将具有心灵感应能力。每个人都将发展新的才华和兴趣。

星际种子将开始更像他们真正的更高自我。化身的大角星人将更像大角星人。天狼星人将更像天狼星人。星际种子将留在希恩，直到他们决定回家，并在他们选择的时间无死亡地离开身体。

## **Animals**

A description of Sheen can be found in Isaiah 11:6 where it says, "the lion (wolf) shall lie down beside the lamb, and a child



shall lead them". There will be no more eating animals and there will be peace among all animals and humans.

## 动物

希恩的描述可在《以赛亚书 11:6》中找到：“狮子（狼）将与羔羊同卧，孩子将引领它们。”不再有食用动物，动物与人类之间将和平共处。

**Neioh** – "Animals will be at peace and walk among all people without either having fear.

A new communication and understanding will be and there will be no desire for humans to eat or kill the creatures again."

**Akatu** – "Pets And All Animals That Have Experienced Duality Will Thrive And Only Know

Love! Everyone Will Connect  
With Beloved Pets And Loved  
Ones Who Played Roles For  
Them In Each Waking Dream!"

尼奥 - “动物将和平共处，  
与所有人一起行走，双方都不  
再有恐惧。将有新的沟通和理解，  
人类将不再有食用或杀害  
动物的欲望。”

阿卡图 - “宠物和所有经历  
过二元性的动物将蓬勃发展，  
只知爱！每个人都将与在每个  
清醒梦境中为他们扮演角色  
的心爱宠物和亲人连接！”

**Changes for Earth-Native Souls**

**Akatsu** — "As the Earth shifts in consciousness and light becomes the absolute for all beings, native souls will also be able to choose their location of being. The connection of many families on Earth that have been native to Earth and joined to starseeds will allow Earth native souls to remain in sheen or return with souls they have loved for waking dreams, to the stars of shared families.

Earth native souls will have abilities for the first time that starseeds will return to as familiar life. In sheen, Earth souls will use telepathy and travel in crafts. All souls will enjoy sharing beautiful gardens with lush plants in great variety for nourishment. Without toxins, bodies will be strong and never experience death as they will circulate light with a crystal heart. All

beings will live in harmony as they share their expressions of art, designs, and all creative abilities as they experience oneness and love for all. Learning and technology will continue without end, and all will prosper and share all goods.

So be at great peace as you understand Earth native souls will join you in light! Many remain on Earth now, and those in havens of light live as powerful souls that are perfect in the essence of God. With power and consciousness, they will join you in perfected bodies at the grand Shift!"

|                                       |
|---------------------------------------|
| Akatsu – Earth Native Souls And Sheen |
|---------------------------------------|

地球原生灵魂的变化

阿卡图 – “随着地球在意识和光中转

变，光成为所有生命的绝对，原生灵魂  
也将能选择他们的存在位置。地球上许  
多与星际种子结合的原生家庭将允许  
地球原生灵魂留在希恩，或与他们爱的  
灵魂一起返回共同家庭的星星。

地球原生灵魂将首次拥有星际种子熟  
悉的能力。在希恩，地球灵魂将使用心  
灵感应并乘坐飞船旅行。所有灵魂将享  
受分享美丽的花园，拥有丰富的营养植  
物。没有毒素，身体将强壮，永不经历  
死亡，因为它们将以水晶心脏循环光。  
所有生命将和谐共存，分享艺术、设计  
和所有创造能力的表达，体验一体性和  
对所有生命的爱。学习和技术将无止境  
所有人都将繁荣并分享所有物品。

所以，平静地理解地球原生灵魂将与你  
一起进入光中！许多人现在留在地球上  
那些在光之庇护所中的灵魂作为神的

完美本质的强大灵魂生活。带着力量和意识，他们将在伟大的转变中以完美的身体加入你！”

阿卡图 - 地球原生灵魂与希恩

## **The Rebirth Of 3D Earth**

At the Shift, much of the light will be gone and this Earth will begin to suffer greatly because it is also a living entity of consciousness. Many plants, trees and nature will die or become sick and withered. There will be discord and fighting. Transhumanism will become the norm, and AI will take over. As long as there are humans on this Earth, Pleadians will continue to assist. After every Soul

has departed the dark forces will be removed and permanently dealt with.

At the moment it occurs there will be a huge transmuting of energy and relocation of matter. The Earth and Universe we know now will be changed and rearranged, but the history is Akashic and the Earth will be populated again by a new creation of human beings. The new Earth will begin expanding its new universe.

There will always be free will but this time there will be no dark forces manipulating humans. The new 3D Earth will thrive and grow. There will be spiritual leaders. Pleadians will look on these as their children in a way because they will teach them everything. The ones

in Sheen will already know and be perfected.

These people will not start from nothing. Pleiadians will bring and teach technology, energy, transportation and self-reliance. They will be taken care of. Many starseeds who ascend will return to the new Earth and teach humans as it was done in ancient times. These humans will advance quickly without being held back.

These people will be given records of what happened on this Earth now. After many centuries, Sheen humans will make contact with the new 3D Earth humans.

### 三维地球的重生

在转变时，大部分光将消失，这个地球将因其也是一个有意识的生命实体而



遭受巨大痛苦。许多植物、树木和自然将死亡或变得枯萎。将会出现不和谐和争斗。超人类主义将成为常态，人工智能将接管。只要地球上还有人类，昴宿星人将继续协助。在每个灵魂离开后，**黑暗势力将被移除并永久处理。**

在转变发生的那一刻，将有巨大的能量转变和物质重新排列。我们现在知道的地球和宇宙将被改变和重新组织，但历史是阿卡西的，地球将再次由新创造的人类居住。新地球将开始扩展其新宇宙将始终有自由意志，但这次不会有黑暗力量操纵人类。新三维地球将蓬勃发展并成长。将有灵性领袖。昴宿星人将以某种方式视这些人为他们的孩子，因为他们将教导他们一切。希恩中的人已经知道并完美。

这些人不会从零开始。昴宿星人将带来并教授技术、能源、交通和自力更生。他们将被照顾。许多扬升的星际种子将返回新地球，像古代一样教导人类。这些人类将快速进步，不再受阻。

这些人将被给予现在地球上发生之事的记录。许多世纪后，希恩的人类将与新三维地球的人类接触。

**Why would some choose to start over in 3D instead of ascending?**

The Soul is choosing goals towards growth and experience. There are some who may have chosen darkness before, who will prefer to continue in a lower frequency before joining us in Sheen.

为什么有些人选择在三维重新开始而不是升天？

灵魂选择目标以实现成长和体验。有些之前选择黑暗的人可能更愿意在较低频率中继续，然后再加入我们在希恩。

Is Jesus Returning?

耶稣会回来吗？



The short answer is yes.

The long answer is, Yeshua was a human being. He was an incarnated Pleiadian Elohim Soul on a mission to teach humans of their personal divinity and Oneness with God. When he returns, it won't be as the same human man.

Jesus will return as his true soul self, Pleiadian leader of Merope, Elder Sananda. He will not be worshipped as God, but welcomed as family, along with many other ascended masters and spiritual teachers from Earth's history.

简短的回答是：会的。

详细的回答是：耶稣（Yeshua）是一个人类。他是化身的昴宿星 Elohim 灵魂，任务是教导人类他们的个人神性和与神的一体性。当他返回时，不会是同一个人。

耶稣将以他真正的灵魂自我回归，梅洛普的昴宿星领袖，长老桑南达（Elder Sananda）。他不会被崇拜为神，而是作为家人，与地球历史上许多其他提升大师和灵性导师一起被欢迎。

经文解码 - 耶稣

|                           |
|---------------------------|
| Scripture Decoded — Jesus |
|---------------------------|

**What Does the Bible Say About Ascension?**

Ascension is a primary theme in the Message of Jesus, and a fundamental part of Christianity. The Bible references Galactic Federation and Pleadians as

angels and lords and describes the Shift many times.

## 圣经关于升天的说法

升天是耶稣信息的主要主题，也是基督教的基本部分。圣经将银河联邦和昴宿星人称为天使和主，并多次描述了转变

In my father ' s house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? – **John 14:10**

Two men shall be in the field; the one shall be taken, and the other left. – **Luke 17:36**

Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and

so shall we ever be with the  
Lord. — **1 Thessalonians 4:17**

For now we see only a reflection  
as in a mirror; then we shall  
see face to face. Now I know  
in part; then I shall know fully,  
even as I am fully known. —

**1 Corinthians 13:12**

In a moment, in the twinkling  
of an eye, at the last trump: for  
the trumpet shall sound, and the  
dead shall be raised incorruptible,  
and we shall be changed. — **1**

**Corinthians 15:52**

And he shall send his angels  
with a great sound of a trumpet,  
and they shall gather together  
his elect from the four winds,  
from one end of heaven to the  
other. — **Matthew 24:31**

- “我父的家中有许多房间。若非如此，我岂会对你们说我去为你们预备地方呢？”

- 《约翰福音 14:10》

- “田里有两个人，一个被带走，一个被留下。” - 《路加福音 17:36》

- “我们这些活着且留下来的人，将与他们一起被提升到云中，在空中与主相会：我们将永远与主同在。” - 《帖撒罗尼迦前书 4:17》

- “现在我们只看到镜中的倒影；那时我们将面对面看见。现在我部分知道；那时我将完全知道，正如我被完全知道。” - 《哥林多前书 13:12》

- “在一瞬间，在最后号角吹响时，眨眼间，号角将响起，死者将复活，不朽不坏，我们



将改变。” - 《哥林多前书  
15:52》

- “他将差遣他的天使，伴着号角的巨大声音，将他的选民从四面八方，从天的一端到另一端聚集起来。” - 《马太福音 24:31》

## Hopi Prophecy

### 霍皮预言



## Prophecy Rock, Near Oraibi, Arizona

The Hopi Prophecy about revealing a 'Blue Star Kachina', the return of the 'True White Brother' and the beginning of the '5th World' match the prophecy described in Revelation about the 'Son of Man' with 7 stars seen before the 'Rapture'.

The Hopi believe their ancestors came from the Pleiades, which they call Chuhukon, or 'those who cling together'. Early Dakota legends speak of the Pleiades as the abode of the ancestors. Many of them also having stories about being taken home to other planets on the Day of Purification.

亚利桑那州奥赖比附近的预言岩

霍皮预言提到揭示“蓝星卡钦纳”、“真白兄弟”的回归和“第五世界”

的开始，与《启示录》中关于“人子”在“携升”前看到七星的预言相符。

霍皮人相信他们的祖先来自昴宿星，他们称之为“Chuhukon”，意为“聚集在一起的人”。早期达科他传说提到昴宿星是祖先的居所。许多人也有关于在净化之日被带回家到其他星球的故事。

## Signs and Prophecies

### 迹象与预言

Humpback whales are  
organizing in huge numbers,  
and no one knows why

*It flies in the face of typical humpback behavior.*

BY SARA CHODOSH | PUBLISHED MAR 15, 2017 8:48 PM EDT



## Notice the Animals

Pleiadians tell us to notice the animals because a change in their behavior will be a sign that the Shift is near.

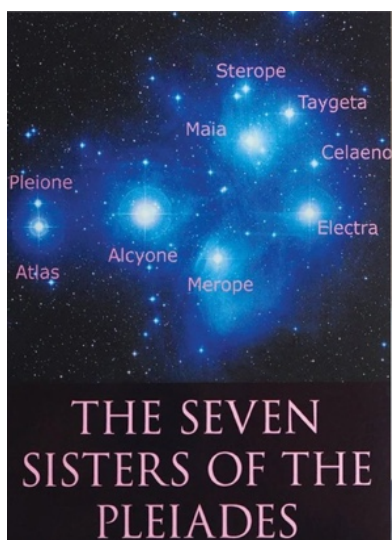
### 注意动物

昴宿星人告诉我们要关注动物，因为它们行为的改变将是转变即将来临的迹象。

**Neioh** — "I want you to notice the animals. Animals will escape from zoos, birds will migrate at the wrong times, many animals from regions never seen will appear in droves. They are all hearing the frequencies of the crafts. There will be more earthquakes, tsunamis, droughts,

floods and as you know well,  
photos of crafts. We want to be  
seen. Our Friends also wish to  
be seen."

尼奥 - “我要你们注意动物。  
动物将从动物园逃脱，鸟类将  
在错误的时间迁徙，许多从未  
见过的地区动物将成群出现。  
它们都听到飞船的频率。地震、  
海啸、干旱、洪水将会增加，  
正如你们熟知的，飞船照片。  
我们希望被看到。我们的朋友  
也希望被看到。”



# The Son of Man

Son of Man translates to “like a human” and can refer to Pleiadians or Pleadian starseeds. Prophecies about the Son of Man returning in the clouds in the last days refer to Galactic Federation.

## 人子

“人子”翻译为“像人类”，可以指昴宿星人或昴宿星种子。关于末日人子在云中回归的预言指的是银河联邦。

|                                |
|--------------------------------|
| Scripture Decoded – Son Of Man |
|--------------------------------|

经文解码 - 人子

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**Luke 21:27** – At that time, they will see the Son of Man coming in a cloud with power and great glory. When these

things begin to take place, stand up and lift up your heads, because your redemption is drawing near.

**Matthew 24:36** — But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. As it was in the days of Noah, so it will be at the coming of the Son of Man.

**1 Corinthians 15:52** — For as the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be.

**Matthew 24:30** — And then shall appear the sign of the Son of man in heaven: and then shall all the tribes of the earth mourn,

and they shall see the Son of man coming in the clouds of heaven with power and great glory.

**Luke 12:40** — Be you therefore ready also: for the Son of man comes at an hour when you think not.

**Revelation 1:12** — I turned around to see the voice that was speaking to me. And when I turned, I saw seven golden lampstands, and among the lampstands was someone like a son of man, dressed in a robe reaching down to his feet and with a golden sash around his chest. The hair on his head was white like wool, as white as snow, and his eyes were like



blazing fire. His feet were like bronze glowing in a furnace, and his voice was like the sound of rushing waters. In his right hand he held seven stars, and coming out of his mouth was a sharp, double-edged sword. His face was like the sun shining in all its brilliance.

- 《路加福音 21:27》 - “那时，他们将看到人子带着能力和伟大荣耀在云中降临。当这些事开始发生时，站直并抬起头，因为你们的救赎近了。”

- 《马太福音 24:36》 - “至于那日或那时，无人知道，连天上的天使也不知道，子也不知道，唯有父知道。如挪亚的日子怎样，人子降临也要怎样。”

- 《哥林多前书 15:52》 -

“因为闪电从东边发出，照到西边；人子降临也要如此。”

- 《马太福音 24:30》 - “那时，人子的兆头将出现在天上，地上所有的部落都将哀哭，他们将看到人子带着能力和伟大荣耀在天的云中降临。”

- 《路加福音 12:40》 - “你们也要预备，因为人子将在你们想不到的时候降临。”

- 《启示录 1:12》 - “我转过身去看对我说话的声音。转身后，我看到七个金灯台，在灯台中间有一位像人子，穿着长袍，袍子到脚，胸前束着金带。他的头发白如羊毛，如雪一般，眼睛如火焰。他的脚如炉中发光的铜，声音如众水的声音。他右手拿着七颗星，口

中吐出一把双刃利剑，面貌如  
太阳光芒四射。”

Visualizing Sheen

想象希恩



**Neioh** — "It is good to think and imagine these things now as each thought is creating life in the 4th density. This assists in expanding consciousness now and also assists in all things you desire before the Shift to Sheen occurs. Sheen is already

there. Beings are there waiting in anticipation. In a moment quicker than it is possible to imagine, you will be there.”

尼奥 - “现在思考和想象这些事情是好的，因为每一个想法都在第四密度中创造生命。这有助于现在扩展意识，也协助你在转变到希恩之前的所有愿望。希恩已经存在。生命在那里等待着期待在比想象更快的一瞬间，你将到达那里。”

kab : Sharing messages telepathically  
received by my mother Judith from  
Pleiadian soul family of 7D Taygeta to  
prepare Earth for the  
Shift [#GalacticFederationOfLight](#)

kab:通过我母亲朱迪丝从7维泰格塔昂  
宿星灵魂家族接收的心灵感应信息，分  
享为地球准备转变的消息 #光之银河  
联邦