#### You can't fail

#### 你无法失败

if everything is predetermined and predestined 如果一切都已命中注定和天命所归 and everything is actually unfolding 并且一切事物实际是其 in exactly the way that it's supposed to, 本应如是的方式展开, and you love and trust God, 并且你爱和信任上帝,

then how can you ever fail at anything? 那么你怎么会在任何事情上失败呢? so for me, loving and trusting god 所以对我而言,爱与信任上帝 eradicates any sense of fear 便根除了任何的恐惧与 or apprehension from my life. 忧虑从我的生活中。 because the very second I realize, wow, hang on a minute.

因为就在那一瞬间我认识到,哇,等一下。 I can't mess it up. I can't do it wrong. I'm not wrong.

我无法搞砸它。我没法做错它。我没有错。what's happening outside of me is not wrong.

在我之外在发生的一切都没错。 and then everything that's happening in relationship to me,

而且,所发生的与我有关的一切,internally, that's also not wrong. 内在,也没有错。

so then there's no failing at that point. 于是,在那一刻起,就没有失败

I'm just having the experience 我只是在经历 that I'm supposed to have. 本应如是的体验。 life is doing what life is doing, 生命正在进行它所应当是的事。 and I'm experiencing what I'm supposed to 我经历到的我在"它"之中 in relationship to it. 我应该体验到的。 there's no failure in that. 在这之中没有失败。

and

并且

what's interesting about this community is that

关于这份归属感有趣的是

you all know now that you don't have to suffer.

你完全理解了你不需要"不得不痛苦"。 and if that's all you ever take away from our time

这就是你从我们共同的时光中所带走的 together, so be it. 如是便好。

even just knowing that you don't have to suffer

即使是仅仅知道你不需要"不得不痛苦" is enough.

便已足够。

### It's not about having a lot 不在于拥有很多

that no mistakes have been made,

so I think after a while, 所以我经过一番思考, we have to get to a place where 我们总是命中注定 we were always supposed to end up where we are, 最终成为我们所应是的,

从未有过任何的错误, and that actually, this isn't about having a lot.

而且事实上,这无关于拥有很多。 it's about having what you need. 这关于你所拥有你所需要的。 I feel like the whole paradigm, 我觉得整个系统, the whole genre needs to go through a paradigm shift,

整个体裁都需要系统化的转变。

the whole culture.

整个文化。

because for some reason,

因为一些原因,

the carrot of more

"为更多"的这根胡萝卜

has been dangled in front of everybody,

被悬挂在每个人的面前,

or fulfillment or completion

或是满足感或是完整感

at all.

等等。

in fact, it's just, to quote Swami and notorious B.I.G,

事实上,它只是,斯瓦米和声名狼藉先生所说的

"more money more problems."

"钱越多问题越多。"

You know, you just get to a place where you realize

你知道,你只是在追寻一个it's not really where it's at.

"虚妄"。

so people are being 就是说,人们一直在 sold this kind of bill of goods that, 被兜售这种虚假承诺, you know, it's about more. 你知道,它关于更多。 it's not about more.

它无关乎更多。

so what is really the cornerstone of abundance? well,

所以,什么是真正的富有的基石?好吧,

the cornerstone of abundance, as I've experienced it,

富有的基石,根据我的体悟,

is to be grateful for what you have, 是心怀感恩于你所拥有的,

to be where you are, to be in the abundance

临在于你所在,临在于你所是的 that you are now.

当下的富足。

and that is abundance.

这正是富足。

that is to recognize that the divine god, 这正是体认到那神圣的上帝,

this infinite intelligence that made you, 这创造你的无限智慧,

is the source of your provision, 是你的丰足之源,

that it is actually providing for you.

这是真真正正地供应于你。

#### Deciding to save yourself 决定去拯救你自己

you're in a body of water flapping around, 你的身体陷在水中胡乱扑腾, you can't swim. 你不会游泳。 and I'm like, hi, there's a boat.

然后我就说,"嘿!这有个船。 anytime you're ready,

任何时候你准备好了, there's a boat.

这都有一艘船。

but I can't swim.

可是我不会游泳。

I get it. I have a life raft.

我懂的。我有一艘救生筏。

I have one of those ring thingies,

我有那种环形的东西,

life jacket.

救生圈。

don't worry, I'll even send someone in to get you.

不要担心,我将会甚至派人去救你。 here's the boat.

这有木筏。 and I feel like sometimes in life 我感觉到生活的有些时候 it's enough to just let people know that 只是让人们知道,船就在那, there's a boat, 就足矣, that there's a life raft, 救生筏就在那, that there's one of those 那种老式的

old school lifesaver ring thingies.

学校救生圈就在那。

and then if someone chooses to use it or not, so be it.

然后,如果一些人选择去使用它或不使用它,都如是便好。

if somebody chooses to actually go deeper, 如果一些人选择实实在在地更加深入, into that exploration, then so be it.

深入探索,那么也随他们去吧。

but after a while,

但过一会,

you just get to a point where it's enough to

know 你只是能明白重点在于,足够在于,当你知 道 that there's a boat, 这有艘船, that there's a life raft, 这有艘救生筏, that there's one those lifesaver ringies 是为了这里不会游泳的 for people who can't swim. 那个人准备的。 but I'm drowning.

但我淹溺了。 but there's a boat. here, look. it's okay. 但这里有艘船。就这样,看。没什么事。

### Waking up happy 快乐地醒来

life is beautiful.

生命是美丽的。

and it's amazing how quickly we can go from waking up,

这奇妙的是,我们是能通过觉醒转变的多快, regretting the fact that we did for so many years,

后悔于多年来我们所作所为的事实, to all of a sudden 到突然间的 waking up and just being delighted 醒来,就仅仅开始以 at the fact that we have another day 我们又有新的一天可以 to be alive, and 活着的事实而快乐,并且 that that pivot can happen in a singular moment 这,这轴转发生在一个奇点瞬间 it's so nice to get to that point 到达这个节点

- while we're still alive,
- 能在我们依然活着,
- while we still have years ahead of us, time ahead of us,
- 能在我们的前方仍有岁月,仍有时间,是那么的美妙,
- knowing that it's never too late.
- 明白这永远不会晚。
- this is what happens here every day.
- 这是这每天都在发生的事。
- this is exactly what
- 这恰好可以

becomes available to everyone who actually shows up and 变得可用于真正显露的 who's open and

敞开心扉 who's available.

且全然接纳的每个人。

### Saying yes 承认正确-"是的"

I didn't actually have to be anybody other than myself 我其实并不用依靠成为其他某人 in order to share a message 就可以分享信息 and allow this gift to be expressed. 并且允许这份馈赠得以表达。 didn't actually have to be anybody other than myself

其实并不需要依靠成为其他任何人 that I could wake up, 只要我自己,就能够醒来, live my life, seamlessly integrate the 过我的生活,将 sharing, the calling, 分享, 召唤, the contribution into my daily schedule, 和贡献无缝地融入到我的日常安排当中, and that it would in no way derail or sideline 而且这一切都不会偏离或妨碍我的

my authenticity, my individuality, and my uniqueness.

真实可靠性,我的个性,和我的独特性。 and it has been a joy 并且这份自由带来的喜悦 to give myself the gift of that freedom.

也是给我自己的礼物。
I feel like every pivotal moment in life

I feel like every pivotal moment in life 我觉得生活的每个关键环节 that's a milestone

的里程碑 begins with a yes. 都从一个"是的"开始。 it becomes with an overcoming of one's resistance to 它随着克服一个人内心的抗拒开始 moving into a 进入一个 deeper, more loving, 更深层次的、更多爱的、

more intimate connection with who we are. 更亲密的与我们是谁的临在之间的连接。

# Empowered in individuality

## 赋权于个体特征

I'm in awe of how 我尊敬你是如何 you are all navigating your way through your lives.

驾驭你的人生之路的方式。

I hear it shared so often 我整天常常听到

throughout the course of my day that

人们分享 people have fundamentally shifted 他们在与他们自己的关系上 in their relationship with themselves. 已经发生了彻底的转变。 That where once they would have been victimized by life or 那些曾经被生活伤害 overwhelmed by it, 或压倒过的他们, now they're just able to 现在他们都能

- navigate their way through it.
- 找到让他们渡过这一切的正确的方向。
- and they recognize that there's some higher purpose,
- 而且他们意识到,有一些更高视角的重要意义,
- some perfect unfolding in why they're going through it.
- 有一些为什么他们要走过这些艰难的完美的呈现。
- and so what has happened 因此,在我们共渡的

- over the course of our time together 时光发生过的事情
- is the cultivation of an ability to flow with life,
- 开垦出了一种随着生活潮起潮落的能力,
- to realize that
- 去意识到
- life is. isn't something that we have to survive.
- 生活 是。并不是让我们为了活而活的存在。 being human
- 作为人类

isn't something that we have to apologize for. 并不是我们必须为此抱歉的事。

it's not a limitation that we have to overcome.

它并不是我们必须要克服的限制。 it's actually a blessing.

它事实上是一种福祉。

and that

并且

every single one of us is here to have our own

在这里我们当中的每一个独立的个体都有我

们自己 unique journey. 独一无二的旅程。 that's why there's no 这就是为什么没有 one size fits all truth for every human being. 一个尺码合身于全部真理能给适用于所有人 类存有。 you can't just 你不能仅仅

read a singular book and have everybody get it.

阅读一本独一的书籍而所有人就领悟了真谛。 that ultimately 而最终的 everyone is on their own path of discovery, 每个人都在他们自己的探索的道路上。 their own path of perfect unfolding. 在他们自己的完美呈现的道路上。 whether you can see it or not, appreciate it or not,

不论你是否能够看得见它,是否欣赏它, every single individual needs to be empowered 每一个单独的个体需要赋权于 in their individuality. 他们的个体特征。