

AKATU ~ Healing

阿卡图 ~ 疗愈

2022.10.17

(老钉译于 2023 年 1 月 21 日)

Beloved Friends!

亲爱的朋友们!

Understanding The Power Of Your
Being To Amplify The Light Within
Your Soul, Will Bring You To The
Complete Understanding Of The
Maladies You Experience In Illness Of
The Body Form.

了解你的生命力能够放大你的灵魂
之光，将使你完全理解所经历的身
体上的疾病。

Remembering That Some Issues Are Part Of Your Soul Plan, You Are Given The Opportunity To Transcend The Perception That The Condition Is Bad, And See It As A Catalyst For Awakening Further.

记住，有些问题是你灵魂计划的一部分，使得你有机会超越“疾病很糟糕”的认知，并将其视为进一步觉醒的催化剂。

Beloved Helen Keller That Many Of You Remember, Was Both Blind And Deaf And Yet Impacted The Earth With Love In Such A Way She Is Still Honored. She Wrote Books, Poetry And Learned Sign Language To Include Multiple Languages.

你们中的许多人都记得亲爱的海伦

凯勒，她既失明又失聪，但她用爱影响了地球，至今仍被人尊敬。她写书、写诗，并学会了包括多种语言在内的手语。

Your Greatest Obstacle Can Become
Your Greatest Strength! Perception Is
Everything!

你最大的障碍可以成为你最大的力量！一切都在认知！

There Are Also Self Created Maladies
Of Rashes, Headaches, Body Aches,
Digestive Issues And So On. These Can
Be Created By Food Consumed, Drugs
And Alcohol Or Simply Stress.

也有一些自找的疾病，如皮疹、头痛、体痛、消化系统问题等等。这些都是因为摄取的食物、服用药物

和饮酒，或者干脆是由压力造成的。

Honoring The Body Form As Part Of
Your Sacred Visitation To Earth Will
Inspire You To Treat Your Body As
Your Beloved Home In These Moments
Every Cell Is Consciousness. Every
Cell Is Replaced And Repaired
Continually Without You Doing
Anything At All. The Body Knows
How To Heal Every Inflammation With
An Immune System That Is Like An
Army Of Little Light Soldiers Working
On Your Behalf! Indeed, I Do Love
That Analogy! Maybe They Are
Dancing! This Would Speed The
Process!

作为你对地球的神圣访问的一部分，
尊重身体的形式将激励你在此刻，

把身体当作你亲爱的家。每个细胞都是有意识的，都在不断地被替换和修复，而你根本不需要做任何事情。身体知道如何用免疫系统来治愈每一个炎症，免疫系统就像一支为你工作的微小光战士的军队。的确，我很喜欢这个比喻！也许他们在跳舞！这将加速这一过程！

Back To Being Serious! You Have Been
Given Power Within Your Soul To Heal
In Many Ways!

回到严肃的问题上！你的灵魂已经被赋予了在许多方面进行疗愈的力量！

Your Body Is Composed Of Mostly
Water And Space. Your Organs And
Blood, When Observed With A

Microscope, Would Reveal 99 Percent
Space Down To The Atomic Level.
You Believe Yourself To Be A Little
More Solid? Think Again!

你的身体主要是由水和空间组成的。
当用显微镜观察你的器官和血液时，
会发现它们在原子级别 99%都是空
间。你认为自己的身体是一点点固
体吗？再想想吧！

Words Matter! Thoughts Matter!
Intention Is Everything. More
Important Than Anything To Know Is
That Your Feelings Absolutely Are Part
Of The Healing Process! You Can Trick
Your Brain Into Releasing Serotonin
And Dopamine Even With A Fake
Smile. Do This Now. Real Or Fake,
SMILE. The 'Feel Good'

Neurotransmitters Were Just Released!
话语很重要！思想很重要！意图就
是一切。更重要的是，你的感觉绝对
是疗愈过程的一部分。即使是用
一个假笑，你也可以欺骗你的大脑
释放血清素和多巴胺。现在就试试
吧，不管真假，笑一笑。你刚刚释
放出“感觉良好”的神经递质！

Now We Dance!

现在我们跳舞吧！

You Are Most Familiar Now With The
'I AM' Words Of What You Desire.
I AM HEALED. I AM WHOLE. I AM
PEACE. Adding The Words That
Resonate For You Personally Are
Repeated Throughout Your Day. You
Must Have The Feeling From Your

Heart! Otherwise The Words Do Not
Form A Coherence With The Quantum
Field. The FEELING Is The Frequency
That You Would Understand As An
Answered Prayer. You Are 'Calling
Those Things That Are Not, As Though
They Are' . Coherence In The Heart
And Mind, Connects You To Spirit
Where All Things Are Possible!

你现在最熟悉的，是带着你愿望的
“我是”这句话。我是疗愈、我是
完整、我是和平。添加那些你个人
有共鸣的词语，一天中不断重复。
你必须有发自内心的感觉！否则这
些词语就不能与量子场形成一致。
你可以把感觉理解成一种频率，是
得到答复的祈祷。你是在“呼唤那
些不存在的东西，就像它们存在一
样”。心与脑的一致性，使你与一

切皆有可能的精神相连。

You Are Complete, Lacking Nothing!
You Forget Your Power And Light In
Moments! Now Remember!

你是完整的，什么都不缺！你只是瞬间
忘记了你的力量和光！现在请记住了！

You Are Everything As
God-Source-ELAKO, Is The Essence
Of Your Being!

你是一切，因为神-源-之光，是你存
在的本质！

You Have The Power To Place White
Light Around Your Body To Clear All
Negative Energy And Repair Any
Tears. This Is Unseen To Most Now.

But Seers Can Close Their Eyes And
Completely Command And See All
Forms Around Them. After The Shift,
These Abilities Will Return To You!

你有能力将白光放在你的身体周围，
以清除所有的负能量，并修复任何
破口。这对现在的大多数人来说是
看不见的。但预言家可以闭上眼睛，
完全命令，并看到周围的所有形式。
在扬升之后，这些能力将回到你身
上。

Music, Singing, Laughing And Dancing
Will Raise Your Vibrational Frequency!
Do This Often!

音乐、歌唱、欢笑和舞蹈将提高你
的振动频率。请常做！

KEE AH SHA Are Pleiadian Words

Meaning, 'Be Healed Now' . Many Humans Have Found This Helpful But It Is Only With Belief That This Works. Touch The Center Of The Forehead To Speak These Words Of Healing.

基阿莎是昴宿星人的词语，意思是“现在被治愈”。许多人发现这很有帮助，但只有在相信的情况下，它才有效。触摸额头的中心，说出这些疗愈之语。

Meditate Daily And Find Joy In Small Things. Love Everyone And Forgive All.

每天冥想，在小事中寻找快乐。爱每个人，宽恕所有人。

Send Love To The Planet, All Animals And Nature.

向地球、所有动物和大自然发送爱。

BE The Love That You Truly Are!

成为你真正的爱!

Serve Others With Gratitude And Know

The Best Is Yet To Come!

带着感恩的心为他人服务，知道最好的还在后面!

Singing With LAKA As We Circle You

In A Mothership,

We Send You High Frequencies And

Promises Of Uniting Before You Know

It!

当我们乘坐母舰环绕你的时候，与拉卡一起唱歌吧。

在你还未意识到的时候，我们向你发送高频率和联合之承诺!

EN EEKE MAI EA!

I Love You So!

AKATU

恩-溢-满-爱!

我是如此爱你!

阿卡图