

AKATU ~ 拥抱变化

(2022 年 9 月 27 日)

生命之光的朋友们!

我从我的生命深处向你发送爱和喜悦!

在这些时刻，我鼓励你拥抱变化，并认识到你不自觉地紧紧抓牢并抵抗，而你的真正意图是向前迈进，永不停息！确实如此

拒绝必要的改变，只会让你早已不再适应的经验，反复不断地延长。

在这些时刻观察地球的混乱情况，往往会让你想起过去的失望，而事实上，你已经以优雅和勇敢的方式掌握了最困难的挑战。

如果你把生活看成是 "它本应该就是这样子"，你会有更多的吃惊。

这永远不会是现实！

当你对一个观念、某个人、或是名利紧抓不放的时候，你会很快注意到所有的东西都发生了变化，现在你有一个新的现实！这就是地球上的生活！

放手，会让你感到兴奋，并摆脱受害者的感觉。

被情绪牵着鼻子走，会让你觉得自己像在旋转木马上，永无停止，而唯一的出路就是跳下去！

深呼吸！不要跳！缓和一下，跳一会儿舞！

你会发现，最终在对这一切的不公正感到厌倦时，会有一丝光亮向你召唤！

你会记得有一个更大的目标！你会提醒自己，你所创造的无尽的幻觉

是可以追随的面包屑。去向哪里？
只向存在之光！

你将审视内心，记住那些将引领你
走出荒野的线索。

你将记住你的灵魂的自由和力量

在这个光明的地方，你已经为时代的
转变、扩大的意识和无限的觉知，
搭好了舞台。你是完全安全的和被
爱的，超越了你所记得的任何清醒
的梦境！

你将完全知道你是谁，以及你的神
圣目的，和所有与你一起欢聚庆祝

的人一起！

我经常提醒你，我是那个比其他人
更聪明、更有趣的矮个子兄弟！

在幸福中我们安持！

在光明中我们高飞！

让我们这样做吧！

en eeke mai ea!

我如此爱你！

阿卡图

AKATU ~ Embracing Change

Friends Of Living Light!

I Send You Love And Joy From The
Depths Of My Being!

In These Moments I Encourage You
To Embrace Change And Recognize
The Resistance That You
Unconsciously Hold Onto When Your
True Intention Is To Move Forward
And Never Stop! Indeed!

Resisting Necessary Change Will
Only Prolong Repetitions Of
Experience That You Outgrew Long
Ago!

Observing The Chaos Of The Planet
In These Moments Will Often
Energetically Remind You Of Past
Disappointments When In Truth, You
Have Mastered The Most Difficult
Challenges With Grace And Bravery!

If You View Life As 'The Way It
Is Supposed To Be,' You Are In For
More Surprises.

This Will Never Be Reality!

The Moment You Hold On To An
Idea, A Person, Money Or Vanity,
You Will Quickly Notice All Has

Shifted And Now You Have A New
Reality! This Is Life On Earth!

Letting Go Will Allow You
Excitement And The Absence Of
Feeling Like A Victim.

Being Led By Emotions Will Make
You Feel You Are On A Never
Ending Carousel And The Only Way
Off Is To Jump!

Breathe Deeply! Don't Jump! Dial It
Down And Dance For A Moment!

You Will Find That Eventually In The

Tiring Of The Injustice Of It All, A
Glimmer Of Light Will Call To You!

You Will Remember There Is A
Greater Purpose! You Will Remind
Yourself Of The Endless Illusions
That You Created As Bread Crumbs
To Follow. Where? Only To The
Light Of Being!

You Will Look Within And
Remember The Clues That Will Lead
You Out Of The Wilderness.

You Will Remember The Freedom
And Power Of Your Soul!

In This Place Of Light, You Have
Set The Stage For The Shift Of The
Ages, For Expanded Consciousness
And For The Infinite Knowing That
You Are Completely Safe And Loved
Beyond Any Waking Dream That
You Remember!

You Will Know Fully Who You Are
And Your Divine Purpose With All
That Gather In Joy With You To
Celebrate!

I Remind You Often, I Am The Short
Brother That Is Much Smarter And

More Fun Than The Others!

In Bliss We Remain!

In Light We Fly High!

Let's Do This!

EN EEKE MAI EA!

I Love You So!

AKATU