

*AYA ~ When You Can't Believe You
Made It*

阿雅～当你不敢相信自己成功时



(老钉译，2022.8.30)

Beloved Ones Of My Heart!

我心爱的人们！

When I Contemplate Life And All That
It Means To Me, Know In Truth That
You Are Front And Center.

我思考生命以及生命对我的意义时，我
真切地知道，你就在我眼前。

I Understand You In All Of Your
Moments. I Long For The Full
Awakening Of All Souls So That You
Will At Last Give Up All Aspects That
Hinder And Obstruct Your Plans.

我理解你所有的时刻。我渴望所有灵魂的
完全觉醒，**这样你最终就能放弃所有
阻碍和阻碍你计划的方面。**

What Do You Do When You Feel You
Can't Breathe And The Losses Are So
Great? To Those That Know Grief And

Pain That Threatens To Take You Out,
I Bow In Humble Recognition. I Too
Have Experienced This In Waking
Dreams. I Am Here To Hold You As
Tears Flow In Expressions Of Your
Deepest Wounds. I Am Here To
Promise That You Will Make It To
The Other Side.

当你感到无法呼吸，损失如此之大时。
你会怎么做？对于那些经历过悲伤和痛苦，
并威胁要夺走你生命的人，我谦卑

的鞠躬致意。我也曾在清醒的梦中经历过这种事。当你泪流满面，诉说着你最深的伤痛时，我会在这里拥抱你。我在这里向你保证，你会成功到达彼岸。

Everyone Receiving This Communication Has Overcome Many Challenges. The Pain Stops And A Smile Returns. You Made It Through The Worst Days And Nights Alone. For Comfort Might Come In Many Forms From Many People. But

You Alone Feel The Storm Of Life
Within Your Own Being.

收到此通讯的每个人都克服了许多挑战。
痛苦停止了，笑容重现。你独自度过了
最糟糕的日日夜夜。因为，安慰可能来
自许多人。但只有你才能感受到自己内
心生命的风暴。

Knowing That You Once Thought The
Next Wave Would Surely Be The One
That Took You Under, You Gasped,
Breathed In Fresh Air And Looked

Around To See The Waves Subside. So
It Is With All Suffering. It Came To
Pass Through And Leave You With
New Strength.

你知道，你曾经以为下一波浪潮一定会
把你卷走，你喘息着，呼吸着新鲜的空
气，环顾四周，看到浪潮渐渐平息。所
有的苦难都是如此。它过去了，给你留
下了新的力量。

Without The Pain Of Life, You Could
Never Assist Another. Many Will

Become Great Spiritual Teachers That
Are Known. But Powerful Teaching
From Your Own Experience Is Just As
Effective As Anyone Else's Story. And
You Know It Is All A Story As You
Dream Awake To Expand In
Consciousness. Enjoy Every Moment
Knowing There Is A Purpose. Go
Within And Discover The Gift Before
You.

没有生活的痛苦，你永远无法帮助别人。

许多人将成为著名的伟大精神导师。但来自你自己经验的强大教导与其他人的故事一样有效。当你梦醒时，你知道这一切都是一个故事，让你的意识得到拓展。享受每一刻，知道有一个目标。进入内心，发现你面前的礼物。

Everyone Has Lost A Loved One Or A Beloved Pet. Never Hold Back Your Feelings And Depth Of Loving Another Because You Realize They Too Could Leave Before You. Instead, Savor Each

Moment With Simple Life. Share A Meal, Walk Your Pets, Do The Chores Of Another. They Notice And It Creates A Frequency Of Love And Gratitude.

每个人都会失去亲人和心爱的宠物。不要因为意识到他们可能先你而放弃对他人的爱和深爱。相反，用简单的生活品味每一刻。分享一顿饭，遛宠物，为他人做家务。他们会注意到，**这会创造一种充满爱与感激的频率。**

You Are On A Journey Of Light. You Will Fall Many Times In Darkness. But Know The Path Of Light Is There. You Only Need To Remember. When Life Threatens To Take Everything, Smile And Give It All. For In Truth, Nothing Can Be Lost! You Are Star Travelers That Arrived With Only The Light Of Your Soul.

你正踏上光明之旅。你会在黑暗中跌倒很多次。但是要知道光明之路就在那里。

你只需要记住。当生活威胁要夺走一切时，微笑并付出一切。因为事实上，没有什么可以失去！你是星际旅行者，只带着灵魂之光而来。

Soon, The Lights From Thousands Of Crafts Will Be Seen By Even The Most Skeptical. You Will Note That Memories Of All Waking Dreams Will Be Swirling In Consciousness With Clarity. You Will Be Astonished And Amazed At The Roles You Played And How

You Danced With Joy And Died In
Sorrow. You Will Experience Awareness
From The Power Of Your Soul And
This Will Never Leave.

很快，就连最怀疑的人也能看见数千艘
飞船的灯光。你会注意到，所有清醒梦
境的记忆都会清晰地意识中盘旋。你
会对自己扮演的角色感到惊讶和惊叹，
以及你是如何欢欣雀跃和悲伤的死去的。
你将体验到来自灵魂力量的意识，这种
意识永远不会消失。

And You Will Turn To Receive The
Portal Of Light As You Feel
Magnificent With The Truth That You
Made It! Rise In The Light Of Infinite
Life As The Final Waking Dream Ends.

你会转身接受光之门户，因为你为自己
创造的真理感到无比荣耀！随着最后的
清醒梦结束。在无限生命的光芒中升起。

I Will Meet You There, Beloved Ones!
我将在那里见到你，亲爱的！

EN EEKE MAI EA!恩溢满爱！

I Love You So!我是如此爱你！

AYA阿雅