

AYA ~ State Of Being

阿雅 ~ 存在状态

(老钉译，2024 年 8 月 3 日)

Beloved Ones Of My Heart! 我心  
爱的人们！

My Family Comes To You Often With  
Teachings Of The Subconscious Mind,  
The Psyche, Astral And Expanding  
Consciousness. I Will Tie These  
Together In This Communication So  
That You Might See That These  
Experiences Are More Than Closely  
Related. These Aspects Are The Same

In Many Respects. It Is Easier For Humans To Divide Life Into Categories To Understand Their Meaning. But You Are Spirit And From This Creative Expression, Everything Unfolds.

我的家人经常向你们传授潜意识、心智、星际和扩展意识方面的知识。我将把这些串联在本次交流内容里，这样你们可能看到，这些体验之间有着密切的联系。这些方面有很多点都是相同的。人类喜欢将生命划分为不同的类别，以便更容易地理解它们的意义。但你是精神，一切都是从这种创造性的表达开始展开的。

The Subconscious Mind Is Accessed And Programmed With Truth. It Is The Method Of Guidance In All That You Do As A Soul In Form. Meditating With Affirmations That Are Believed Will Change The Subconscious Mind To Serve You. Writing, Painting And Any Endeavor That Stops Conscious Thinking And Allows Total Focus On The Task, Will Allow Spirit To Speak Through The Subconscious Mind.

进入潜意识可以得到其中的真相。作为有形的灵魂，所有人都用它做为指导。带着确信的冥想会改变潜

意识为你服务。写作、绘画以及任何能让人停止有意识的思考、全神贯注于工作的活动，都能让精神透过潜意识说话。

The Psyche Is The Energetic Blueprint Of All Experience By The Soul From The Moment Of Entering The Joined Egg And Sperm To Become The Embryo. Every Sound, Vibration Or Movement Has A Reaction Which Begins A Story Within The Psyche. This Will Grow And Change Throughout The Waking Dream. Fear, Joy, Humor And Judgement Of Self And Others Collects In A Frequency

Unseen.

从进入卵子和精子的结合体成为胚胎的那一刻起，心智就是灵魂所有经历的能量蓝图。每一种声音、振动或运动都会产生一种反应，从而在心智中开启一个故事。这将在整个清醒梦中不断发展和变化。恐惧、喜悦、幽默以及对自己和他人的评判，都会在一个看不见的频率中齐聚。

The Astral Plane Is Both A Collective And Individual Experience And Is Achieved With Awakening To The Truth Of Other Realms And Dimensions. Seers Access Astral With

Closing Their Eyes. Some Never Attain This Innate Ability, But It Is There Waiting To Be Remembered And Discovered. In The Higher Realms, Young Adults Master This Experience And Create Beautiful Scenery, Buildings And Decor By Thought. Astral Is A Frequency Which Allows Thoughts To Create Images In Real Time. When Given Attention, Thoughts Create Solid Foundations And Become Reality. Everything Created Began As An Idea Or Thought.

星体层既是一种集体体验，也是一种个人体验，它是通过唤醒对其他

维度的真相而实现的。预言家闭上眼睛就能进入星体界。有些人永远无法获得这种与生俱来的能力，但它就在那里，等待着我们去记起和发现。在高维度的年轻人掌握了这种经验，可以通过思维创造出美丽的风景、建筑和装饰。星体层是一种允许思想实时生成图像的频率。一旦受到关注，思想就会创建坚实的基础并成为现实。一切创造都始于一个念头，即思想。

Expanded Consciousness Is Where  
You Live Together. Life Is Joined And  
Connected Like A Tapestry. All Lives  
Lived Remain In A Frequency Or

Density Here. Clairvoyants Can  
Access Expanded Consciousness  
And See Images, Names, Locations  
And Aspects Of Life Unseen In The  
Human Realm.

扩展的意识是你们共同生活的地方。生命像挂毯一样连接在一起。所有活过的生命都停留在这里的某个频率或密度。洞察力可以进入扩展意识，看到人类维度所看不到的图像、名字、地点以及生活的各个方面。

The Ability To Understand All Of  
These Experiences Are There To  
Serve You Is Something Known To



Those Awakening. Many People Have Followed Teachers That Speak Of These Aspects Individually. In These Moments It Is Beneficial To Incorporate All Aspects Into One Collective Understanding. You Are Life Itself Creating A Story That Pleiadians Call A Waking Dream.

能够理解所有这些体验都是为你服务的，这是觉醒者都知道的事情。很多人都追随过单独讲述这些知识的老师。此刻，将所有方面纳入一个集体的理解是有益的。你们自己就是生活，创造昴宿星人称之为“清醒梦”的故事。

Only Good Is Before You. I Believe  
This And I See This. Share This  
Perspective With Me And I Will Meet  
You In Light. Imagine Peace And  
Know This Blessing Has Begun With  
Your Intention. Together We Are  
Moving To A Magnificent Force Of  
Love And Well Being For Everyone.

你们面前只有美好。我相信这一点，  
我也看到了这一点。让我们同享这  
个观点，我将在光中与你相见。想  
象平和的景象，并知道，这个祝福  
已经随着你的念想开始了。我们一  
起，在为每个人带来爱与福祉的宏  
伟力量中迈进吧。

I Love You More Than You Know  
in These Moments Of A Created  
Personality. But Within Your Soul,  
You Know This Well. We Share Love  
As Our Complete State Of Being.

在这些创造人格的时刻，你们不知道我有多爱你们。但你的灵魂内在深知这一点。我们分享爱，这是我们完整的存在状态。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

Goddess AYA 阿雅女神