

# *AKATU ~ Methods Of Manifestation*

## 阿卡图~显化的方法



(老钉译，2024年8月24日)

Beloved Friends Of Earth! 亲爱的地球  
朋友们！

You Are Creators Of Scenarios And  
Events That You Sometimes Believe  
Have Nothing To Do With Your  
Thoughts, Actions And Intentions. But  
Know In Truth That What You Perceive  
In Form Has Everything To Do With



Your Experience. You Will Notice And React To What You Judge In Another From Your Experience Of Hurt And Traumas. You Will Also See What Is Within Your Own Psyche By The Creations You Have Made Along The Way.

你们是各种情形和事件的创造者，有时你们认为这些与想法、行动和意图毫无关系。但要知道的真相是，感知到的形

式与你们的经历息息相关。用曾经受到伤害和创伤的经历，你可能会注意到并断定另一个人，并对其做出反应。你还会从自己一路走来的创造中，看到自己的内心世界。

Every Moment Of Life And All That Is Observed In Material Form, Began With An Intention And Thought. We Have Communicated Ongoing About The Fourth Dimension Which Is The Astral



Plane. Whether You Observe A Table  
In Your Home Or A Vehicle, These  
Began As Thoughts In Someone's Mind.  
A Template Of What You Observe Has  
A Match In Astral. If You Could See  
Your Thoughts Creating Everything,  
Would You Change Them By Intention?

生命中的每一个瞬间，以及所有看到的  
物质形态，都始于一个意图和想法。我  
们一直在告诉你们关于第四维度，也就  
是星体层的真相。在你的观察中，不论

是家里的一张桌子，还是一辆汽车，它们都始于某人心中的想法。你所观察到的一切，在星体界都有相对应的模板。如果你能看到自己的想法创造了一切，你会通过意念改变它们吗？

As You Sit Alone With Thoughts That Flow, The Extent Of Activity Created Is Unknown. But As Specific Thoughts Of A Rocking Chair, A Cake That Was Baked Or A Shower You Enjoyed,



Enters Your Mind, The Action Is  
Created Again. Seers And Clairvoyants  
Close Their Eyes And See The Images  
Of Their Thoughts. The Most Gifted  
Ones Create Anything Desired As Pots  
Of Flowers, New Paint Colors On The  
Wall Or A Vast Ocean With Waves  
Appears.

当你一个人坐在那里，思绪流动时，所  
创造的活动范围是未知的。但是，当你的  
脑海中浮现出一张摇椅、一个烤好的

蛋糕或一次你享受的淋浴等具体的想法时，行动就会再次产生。预言家有洞见者闭上眼睛就能看到他们思想的影像。最有天赋的人可以创造出任何想要的东西，如一盆鲜花、墙壁上的新油漆颜色，或者出现一个波澜壮阔的海洋。

This Is A Spiritual Gift That Should Be  
Used To Assist Others. It Is Not  
Random But Chosen In A Soul Plan.  
Walking And Moving Thought Form



Entities Are Part Of This Manifestation.  
But They Are Seen Only With Eyes  
Closed. The Creative Endeavor Will Play  
Out In 3-D Manifestation Within The  
Laws Of Nature And Physics. In The  
Higher Realms, Anything Can Be  
Created.

这是一种精神天赋，应该用来帮助他人。  
这不是随机的，而是灵魂计划中的选择。  
行走和移动的思维形式实体是这种表现  
的一部分。但只有闭上眼睛才能看到它

们。创造性的努力，将在自然和物理法则的范围内以三维形式显化。在高维度，任何东西都可以被创造出来。

Frequencies Attract Like Frequencies And  
This Energy Grows And Becomes Part  
Of The Story That Seems So Real. It Is  
Only A Play Like You Would Enjoy  
On A Stage. You Are Here Now To  
Make A Beautiful Story. As  
Circumstances From Others And From



Your Life Propel You Forward As A  
Wake Behind The Ship, You Move In  
Tandem With The Energy  
Surrounding The Area. Toxic Energy  
Propels You Onward In Confusion And  
Distortion While Love Amplifies And  
Allows Beauty And Serenity.

同频相吸，这种能量不断增长，成为你  
们如此逼真的故事一部分。这只是一出  
如同在舞台上观赏的戏而已。此刻，你  
正在这里创造一个美丽的故事。当来自

他人和你生活的环境推动你前进时，你就像船后的浪花，与周围的能量同步前进。有毒的能量会推动你在混乱和扭曲中前进，而爱则会放大并带来美丽和宁静。

It Is Important To Choose Friends That Will Allow You To Become The Best Version Of Yourself. Everyone Is Drawn To Kindness And It Is Easy To Determine If This Is Genuine. Stop And



Become Clear On How You Really Feel  
In The Presence Of Another. The Soul  
Does Not Lie And You Will Know  
When To Cut Ties.

选择朋友非常重要，他们应该能让你成为最好版本的自己。每个人都会被善意所吸引，而判断这种吸引是否真心真实并不难。停下来，搞清楚自己对别人的真实感受。灵魂不会说谎，你会知道什么时候该断绝来往。

Family Members Are Souls Playing  
Roles As You Are. But Abuse And  
Hateful Words Are Speaking Loudly To  
Say It Is Time To Move On.  
Remaining In A Field Of Toxicity Will  
Only Create More Of The Same. For  
Those That Seek Help And  
Diligently Desire To Change, All Things  
Are Possible.

家人和你一样，都是扮演角色的灵魂。  
但狠声恶语则明白无误地告诉你，是时



候做出行动了。留在有毒的环境中只会产生更多毒性。对于那些寻求帮助并渴望改变的人来说，一切皆有可能。

Meditation Allows The Opportunity To Slow The Mind, Cultivate The Inner World And Repair The Field Surrounding The Body Form. Imagine A White Light As It Cleanses And Repairs. Make Commands For All Darkness To Leave The Area. Repair Tears In Chakras And

Your Aura Will Amplify In Colors As Each Energy Center Comes Alive With Beauty. Your Life Will Change As You Have Manifested And Created Your Choice Of Surrounding Energy.

冥想让人有机会放慢思绪，修炼内心世界，修复身体周围的场域。想象一道白光在净化和修复。命令所有黑暗离开这个区域。修复脉轮中的撕裂，当每个能量中心都焕发出美丽的光彩时，你的灵气也会随之色彩斑斓。你的生活将发生



改变，因为你已经显化并创造了自己对周围能量的选择。

For Those That Receive Words Of Hatred And Discord On Platforms That Communicate Freely In These Moments, Remember That You Have The Power To Block This. With Intention, Set Your Thoughts To Deal From A Position Of Strength. Refuse To Engage And Send The Energy Back To

Its Source. The World Would Change If  
Only Everyone Knew Of Their Own  
Power To Create Peace. Allow The  
Boomerang Effect To Serve You Well.  
Manifestations Will Be Positive In  
Outcomes.

那些此刻在自由交流平台上，被仇恨和  
不和谐言论攻击的人，**请记住你们有能力阻止这一切**。从强大力量的角度出发，  
**用念想去解决。不要接驳对方，而是把**  
**能量送回发出者那里**。只要每个人都知



道自己创造和平的力量，世界就会改变。  
让回旋镖效应为你服务，将会显化积极的效果。

Where A Space Is Created In Any  
Circumstance, Be Assured That A  
Frequency Will Bring The Change. If  
You Seek Employment, Become  
Thankful Each Moment For  
The Satisfying And Rewarding Position  
On The Way. It Will Arrive In A

Beautiful Manifestation.

在任何情况下，只要创造了空间，就一定会有频率带来改变。如果你正在寻找工作，那么时刻都要心存感激，因为满意且回报丰厚的职位正向你走来。它将以美丽的方式呈现。

If You Seek Love In Another, Find  
The Love Within For Self. Only Then  
Will You Attract The Partner You Long  
For. This Is The Only Manner For



Success. Frequencies That Are Very Different Will Repel As Projections End And The True Self Of Both Sides Is Revealed. If You Have Manifested A Disaster, You Have The Opportunity To Manifest Something Lasting.

如果你在他人身上寻求爱，那么就在内心深处为自己寻找爱。只有这样，你才能吸引到你渴望的伴侣。这是成功的唯一途径。相去甚远的频率，会在投射结束，双方的真我显现时，发生排斥。如

果你显化了一场灾难，你就有可能让灾难逗留很久。

Pets Are Cherished By Wonderful People That Love Them As Family. Your Beloved Pets Begin A Created Life With You From The Moment Of Meeting. Over Time You Feel Their Affection From Their Eyes. You Feel So Much Within As You Pet Them. They No Longer Remember Being Without

You And You See Them As Your  
Baby Or Child. You Thought About  
This Pet Before You Chose Them.  
Without Any Frame Of Reference But  
Your Heart And Thoughts, You  
Manifested Them Into Your Life.

好心肠的人们会宠爱宠物，待它们如家人。从相遇的那一刻起，你心爱的宠物就开始了与你共同创造的生活。随着时间的推移，你会从它们的眼神中感受到它们的爱意。当你爱抚它们时，内心会



感受到很多爱意。它们不再记得没有你的日子，你把它们视为你的宝贝或孩子。在选择宠物之前，您曾考虑过它们。在没有任何参照物的情况下，只有你的心和想法，你把它们带到了你的生活中。

What I Hope You Receive From This Is  
To Understand How Powerful You Are.  
Focus On The Good That Has Unfolded  
On Your Path And How The Answer  
Came In Your Despair. You Have The

Ability To Change Your Perspective As  
Your Thoughts Resonate To Bring A  
Complete Manifestation Of The Life  
You Long For. Indeed, Focus On The  
Grand Shift As The Collective Light  
Brings It Closer!

我希望你们能够从中悟到，你们的力量  
有多大。专注于你们一路上出现的美好  
东西，在绝望中答案会自然浮现。你们  
能够改变视角，与完全显化你们渴望的  
生活之想法产生共鸣。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

AKATU 阿卡图



哈塔薇总结几点：

你的生活是你创造的，照见你自己。你可以选择创造生活的方向。是正是负。这与意识层面的共振和宇宙本质有关。精神，显化。

你有自由意志可以选择离开有毒的环境，如果有人不断向你投射攻击负面能量，负面环境会加重负面共振，脱离它。

冥想时想象白光净化保护自己的能量场，命令所有的黑暗离开这个场域。让你的灵魂的美丽光辉迸发。

面对他人的攻击，不去回应，“别自己和自己过不去，随他自己和自己过不去。”每个人都有自由意志的权利，让回旋镖再飞一会。每个人向外的观察都是照见自己的一个过程。

你的爱是无限的与宇宙合一，找到你本

真的爱，无限的内在之爱，宇宙合一之爱，成为爱的临在，吸引爱的现实。你值得被爱，你有能力让宇宙爱你，因为你是合一源头的临在。你即宇宙。

改变你的视角和信念，你随时可以创造你想要的生活，你比你想象的强大的多，奇点就在你意识到这一切的时刻。这就像是痛苦中的救生筏，但毫无疑问，你的痛苦的生活环境也是自己创造的。在你决定改变它的那一刻，它就会发生改



变。外在像一面镜子，照见你自己，突破你自己，那么你就进入了截然不同的境界。一念天堂，那个救生艇永远都在。