

*LAKA ~ The Reason Some*  
*People Are Growing Darker*  
拉卡 ~ 为何有人变得愈发黑暗



（老钉译，2025年8月2日）

Friends Of The Great Planet Earth!  
伟大行星地球的朋友们！

Many Are Aware That The  
Experiences Unfolding On Earth Are  
Unprecedented. Changes Are Rapid  
And Technology Is Becoming A Tool  
Of Both Creativity And Destruction.  
Downloads Of Assistance From The  
Galactic Federation Are Clearly



Assisting In Many Aspects. People Are Seeking Truth And Awakening To The Reality Of Who They Really Are.

很多人已经意识到，地球上正在经历的事情，堪称前无古人，后无来者。一切飞速变化，科技正成为创新手段，抑或毁灭工具。来自银河联邦的下载，明显在许多方面都助人一臂之力。人们正在寻求自己到底是谁的真相，并开始觉醒。

But There Is Also A Massive Change Happening With The Intensity Of Energy Clashing. Many Who Have Walked In Darkness With Hatred Are Growing Worse. A New Level Of Depravity Is Increasing As Wars Have Changed Hearts And Many People Seek To Gain Power Over Others.

但是，**能量碰撞的强度也在发生巨大变化**。许多身在黑暗、满腹仇恨的人，正变得愈发黑暗。随着战争改变人心，以及人们对控制他人力量的追逐，**邪恶的堕落程度正达到历史新高**。

Just As The Light Forces Assist With Frequencies, The Dark Forces Project Their Own Energy In Bands Of Lower Frequencies Aimed With Precision While Destroying Property, Promoting Violence And Trafficking Drugs And Humans That Are Powerless. The Most Innocent Of All Are Children Who Are Missing Or In Peril At The Hands Of Those Who Have Only An Evil Intent.

正如光力量以频率提供协助，黑暗势力也用他们的低频能量带，精准地投射到目标，破坏财产、煽动暴力、贩卖毒品、走私无助的人口。其中最无辜的当数儿童，他们要么失踪，要么落入恶人之手，岌岌可危。

Ceremonies And Rituals Have Been In Existence Since The Beginning Of All Civilizations. Man's Inhumanity To Man Is Nothing New. The Light Of The One Sacred Spirit Has Always Prevailed And Cycles Of Waking



Dreams Have Served Souls Well.

自文明有史以来就存在祭祀仪式。人类之间的残酷并非新鲜事。**唯一的圣灵之光始终压倒一切，而反复循环的清醒梦，一直对灵魂大有裨益。**

But These Moments Are Very Different As Almost Everyone Is Aware Of All That Is At Stake. Your Very Lives Have Been Controlled With Lies And Narratives Of Propaganda. Your News Outlets Are Nothing More Than Political Machines That Repeat The Same Wording As Instructed.

但这些时刻截然不同，因为几乎每一个人都意识到了，所有一切都面临危险。**你们的生活一直被谎言和宣传所操控。你们的新闻媒体只不过是政治机器，在指示下复读而已。**

If You Have Noticed, Mental Illness, Depression And Despair Have Increased. Health Issues With Headaches, Disease And Insomnia Are

Within All Families. There Is Always An Answer For Each Dilemma But Everyone Is Bombarded With Something New To Deal With Each Day. Life Is Meant To Be Enjoyed And Never To Remain In Survival Mode.

你们可能已经注意到，精神病、抑郁与绝望正日益蔓延。所有家庭都面临着头痛、疾病与失眠等问题。每个困难都有答案，但人们被迫日复一日地应对新挑战的狂轰滥炸。生活本应该是享受的，而从不是处于生存模式。

The Body-Mind Connection Is Very Real And Powerful. What Is Consumed In Sustenance Is Crucial. Pesticides, Dyes And Chemicals Destroy The Body. Hatred, Unforgiveness And Fighting Will Destroy The Mind.

身体与心灵的连接，是真实而强大的。  
摄入的食物至关重要。 农药、染料和化学物质会破坏身体，而仇恨、争斗和无法原谅，则会破坏心灵。



The Manner To Be Free Is Simple And Yet Profound. You Must Learn To Create Your Life. Yes, You Can Change Everything By Changing Yourself. You Will Never Change The World But You Can Experience Peace, Love And Total Joy! This Is Done With Quietness, Calm And Going Within To Discover Truth. To Align With The Soul Will Change Your Perspective As You Rise To A Higher Frequency.

获得自由的方法很简单，但又极其深刻。你们必须学会创造自己的生活。是的，你们可以通过改变自己来改变一切。你们永远无法改变世界，但可以体验平和、大爱与极乐！这需要通过安静、平和和内省来发现真相。随着你们提升到高频，与灵魂对齐将改变你们的视角。

You Are Visiting Earth In The Final Waking Dream. You Are A Powerful Soul Of Light! Focus On The Path



That Will Be Beautiful. See It As  
Truth And Rise As One Light.  
Overcome Darkness With The Highest  
Frequency Of Your Own Being.  
Remember Who You Are!

你们正在地球上体验最后一场清醒梦。  
你们是强大的光之灵魂！请专注于那  
条美丽的道路。将其视为真相，崛起  
为一束光。用你们自身存在的最高频  
率战胜黑暗。记住你是谁！



EN EEKE MAI EA! 恩溢满爱！  
I Love You So! 我如此爱你！  
LAKA 拉卡