

AKATU ~ Pleiadian Nourishment

阿卡图 ~ 昴宿星人的饮食

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Friends Of The Great Planet! 伟大
地球的朋友们!

In These Moments Together, I Will Share Information To Allow You To Fully Understand How Pleiadians Enjoy Meals! There Is Never A Rush In Gathering Vegetables, Fruit, Nuts And Seeds. You Will Understand The Reason For This!

此刻，我们一起分享一则信息，好让你们充分理解昴宿星人如何享受餐点！在采摘蔬菜、水果、坚果和种子时，从不匆忙。你们将明白其中的原因！

Sharing A Meal Or Preparing A Simple Snack For Oneself, Has Great Pleasure As Each Bite Is Savored

Completely. We Could Create The Entire Meal With Enhanced Flavor By Simple Projection! But It Is Much More Enjoyable To Be Creative In Each Moment As We Share Life With Friends And Family!

聚餐，或为自己准备便餐，每一口的细嚼慢咽，都带来极大愉悦。我们只需简单地观想，就能做出风味独特的满汉全席！但与亲朋好友共度人生的每一刻，我们更加享受创意！

In The Pleiades, We Fly In Body Form Around The Land. This Allows The Fun Of Choosing A Tall Fruit

Tree And Flying To Gather What Is Desired. Large Colorful Fruit With Magnificent Taste Is Consumed Alone Or Placed In A Recipe Of Our Own Creation. We Gather Vegetables And Create Our Own Flavors. This Part Will Be A Bit Magical To Your Understanding! When We Desire More Of A Sweet Taste, Our Mind Projects This To Be. We Might Have A Desire For A Spicy Flavor And This Too Is Created With Intention.

在昴宿星的大地上，我们以体飞行。这让我们能享受选取高高果树并飞去采摘的乐趣。五颜六色的巨大水果，味道绝佳，可单独享用，也

可放入我们自行创制的食菜谱中。我们采摘蔬菜并创造自己的风味。这一部分对你们来说，略带魔幻色彩！当我们想要味道更甜时，我们的心念会投射出来。我们也可能想辛辣的味道，而这也可以由意图创造出来。

Pleiadians And All Elohim Races Have These Abilities. Most Of You Receiving This Are Of The Elohim Lineage. It Is Significant To Share That We Are Powerful And We Change Anything Desired In Color, Size And Location. We Choose Our

Looks As Well As The Colors Of
Flowers And Mountains.

昴宿星人和所有耶洛因种族都拥有这些能力。阅读此文的你们中大多数人，都属于耶洛因血统。分享这一点很重要，我们强大到可以任意改变任何想要的颜色、尺寸和位置。我们选择自己的相貌，还有花朵和山脉的颜色。

We Understand Fully The Power Of
The Mind. On Earth, These Gifts Are
Not In Operation. But In Your Dreams,
You Fly, Create And Have Anything
You Want. For Pleiadians, This Is
Normal Life!

我们完全懂得心念的力量。在地球上，这些能力并未运作。但你们在梦里飞行、创造，要什么有什么。对昴宿星人来说，这只是日常生活！

We Enjoy The Same Vegetables And Fruit As Those On Earth. But We Enjoy Others That Are Not Grown On Earth. This Would Be A Vegetable That Is Blue And Called SEWA.

我们喜爱与地球上相同的蔬果。但我们也喜欢地球上未种植的其他种类。这是一种蓝色蔬菜，名叫西瓦（SEWA）。

We Have Many Fruit Trees That Grow HAYU Which Is Purple And Very Sweet! This Is Wonderful To Eat With Nuts And Seeds. I Enjoy It With Bananas. Imagine If Everything Was Pure And Never With Additives, Chemicals And Pesticides. So Many Illnesses In Your World Are From The Food That Was Meant To Sustain You!

我们有许多果树，结出紫而甜的哈玉果（HAYU）！与坚果和种籽一起食用非常美味。我喜欢与香蕉搭配。想象一下，如果一切都是纯净的，没有添加剂、化学物质和农药。

你们的世界中，许多疾病都源于本应滋养你们的食物！

Many Meals Are Shared Outdoors
While Sitting On Soft Tapestries. We
Listen To Music And Speak To Those
On Crafts As We Gather Beneath
Crystal Arches. We Know The Joy
Of Being Present In The Moment.

许多美食，是人们坐在户外柔软的毯子上分享的。我们听着音乐，聚到水晶拱门下和飞船上的人们聊天。我们知道临在和活在当下的喜悦。

When There Are Meetings Or Moments Of Serious Discussions, We Gather In Opulent Areas With Large Decorative Chairs. My Family Often Gathers Following Great Mission Of My Father, Elder IKAI. Our Chairs Have Backs That Are Six Feet Tall. There Are Crystals And Patterns Of Sacred Geometry In The Tapestry Cushions. The Table Is Long And Platters Of Wonderful Food Are Enjoyed With Gratitude And Love!

如有会议或需要认真讨论的时候，我们会聚在有大型装饰椅的豪华区。我的家人经常在长老伊凯父亲的伟大使命之后聚会。我们的椅子

靠背高达六英尺。地毯靠垫上镶嵌着水晶和神圣几何图案。长桌上摆满美味佳肴，我们怀着感恩与爱享用！

Our Animals Consume Vegetables, Fruits, Nuts And Seeds. Fairies Are Nourished With Light! Everything That Is Created Has A Purpose. Choosing The Best Option Possible Will Serve You Well.

我们的动物食用蔬菜、水果、坚果和种籽。仙女们以光为食！创世万物皆有其存在意义。选择最佳选项将对你大有裨益。

In These Moments Moving Towards
The Shift, Nourish Your Body And
Mind! Soon There Will Be Upgrades
To Light And Your Choices Will
Always Be With Perfection.

在迈向转变的此刻，滋养你的身心！
很快将迎来光的升级，你们的选择
将始终完美无缺。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

AKATU 阿卡图