

LAKA ~ The Souls Of The Crystal Cave

拉卡 ~ 水晶洞穴里的人们

(老钉译，2025 年 7 月 2 日)



Beloved Friends Of Earth! 亲爱的
地球朋友们！

We Have Revealed Many Races Of Stars Unknown In Your World. We Also Communicate Ongoing With Reveals Of Lives In Your Own Origin. In Ancient Dreams, We Have Walked Openly Among Mankind And Befriended Souls That Were Incarnated From The Elohim Races. This Communication Is Regarding Two Hundred Of These Souls And Their Home In The Crystal Cave Within The Area Of Mexico.

我们已经揭示了许多，你们世界所不知道的星际种族。我们也不断地与你们交流，揭示你们起源地的生

命。在古代的清醒梦中，我们曾公开地在人类中行走，和耶洛因的转世灵魂交好。此篇通讯旨在揭示这其中两百个灵魂，及其位于墨西哥地区水晶洞穴中的家园。

Indigenous Tribes Inhabited The Area And Left Long Before Your Arrival. Approximately Three Thousand Years Ago, Primitive Living Was All That Was Known. There Were Great Struggles In Survival With Tribes Such As The Tarahumara And Others That Made Their Home And Refuge Among The Rocks And Mountains. Food Was Scarce And Portions Were

Rationed For Survival. Life Was
Difficult For Everyone.

原住民部落居住在这个地区，他们早在你们到来之前就离开了。大约三千年前，除了原始生活之外一无所有。塔拉胡马拉部落等族群，在山岩间建立了家与避难所，他们挣扎着活下去，由于食物匮乏，必须采用配给制才能生存。每个人都面临艰难的生活。

It Was Found To Be Of Service To
Assist Friends That Became
Despondent. Twenty Pleiadian Souls
Arrived In A Large Craft In The Vast
Area Where Suffering Was So

Prevalent. They Offered Teaching Of How To Grow Plants For Sustenance. They Located Sources Of Water And Created Pottery To Store These Gifts Of Survival. These Pleadians Did So Much More As They Gathered Two Hundred Friends From The Pleiades, Arcturus, Sirius Nopplia And Andromeda. They Explained There Was Power Available With Crystals.

为了帮助那些陷入绝望的朋友，二十位昴宿星人乘坐大型飞船，降临到这个苦难遍布的广大地区。他们传授了如何靠种植植物来维持生计，并找到了水源，制作了陶器来储存这些生存必需的礼物。他们又

召集了来自昴宿星、大角星，天狼星那普利亚、以及仙女座的两百位朋友，这些昴宿星人做了太多的事情。他们解释说，水晶中蕴含着力量。



这些粒子来自地下巨大的水晶发射器。

这些被放置在地球上，对事件有一个重要的目的。他们现在变得活跃起来。

The Area That Would Be Known As The Crystal Cave Was Created One Thousand Feet Below The Surface Of What Could Be Seen By Others. Crystals Were Placed In A Cavern Like Setting And Programmed To Expand In Light. The Crystals Would Serve These Souls In Many Ways. They Would Provide Light, A Pleasant Temperature And Frequencies Of Calm. This Would Allow Awakening With Wisdom And Clarity. This Would Also Allow These Souls To Serve Others Long

After The Pleiadians Left.

被称为水晶洞的地方，被建在人们能够看到的地表以下一千英尺处。在一个类似洞穴的环境中放置了水晶，并将其编程在光中扩大。这些水晶将以多种方式帮助人们，比如提供光线、宜人的温度和宁静的频率，能使这些灵魂们智慧而明晰地觉醒。这还能让他们在昴宿星人走后继续服务别人。

Fear Vanished And Tribes Flourished
With Food Supplies And Friendship.
Crystals Were Used To Create
Instruments And Drums That
Resemble Those In The Pleiades.

Meditation In Groups Brought Unity Of Spirit. Tribes Thrived In The Area In Many Waking Dreams.

恐惧消去，各个部落在充足的食物供应下繁荣发展，相交甚笃。人们用水晶制作与昴宿星人相似的乐器与鼓。群体冥想带来精神上的团结。部落群在这个地区的世世代代的清醒梦里繁衍生息。

The Area Of The Crystal Cave Has Shifted Through The Ages. Large Towering Crystals Now Form A Kaleidoscope Of Color As They Crisscross In Patterns Of Beauty. The Crystals Carry The Secrets Of Life

In The Cavern. These Souls Are Now
United With Their Close Pleiadian
Friends.

随着时代变迁，水晶洞的地方也发生了变迁。如今，高耸的水晶，美丽图案交织，形成一个色彩斑斓的万花筒。水晶承载着洞穴中生命的秘密。这些灵魂们，现在已经与他们亲密的昴宿星人朋友重逢。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

LAKA 拉卡