

LAKA ~ The Purpose Of Duality

拉卡 ~ 为什么有二元性

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Beloved Friends Of Earth! 亲爱的
地球朋友们！

Many Of You Struggle To Understand
This Waking Dream. You Find Peace
Only To Lose It With The Next
Breath. This Communication Is Meant
To Reveal The Purpose Of
Duality And What To Do As
Everything Unexpected Unfolds.

你们许多人都在竭力理解这场清醒梦。你找到的平静，却在下一次呼吸间失去。本次交流旨在揭示二元性的目的，以及如何应对一切出乎意料的事情。

You Can Be Happy. This Is A Choice.
It Is Also A Fleeting Emotion That
Many Chase. Peace Is Quite Different

And More Of A State Of Being. Peace Is Also Possible. But To Maintain Anything, You Must Set The Intention For This.

你可以很快乐。这是一种选择。快乐也是一种很多人孜孜以求的转瞬即逝的情感。平和则截然不同，它更是一种存在状态。平和也是可能达到的。但要维持任何东西，你们就必须为此设定意图。

Everything Is A Choice. Kindness, Rudeness, Sadness And Happiness Are Of Your Own Creation. If You Understand That All Emotions Arrive And Leave By Your Thoughts And

Perspective, You Might Pause And Think Again. Is Anything Worth Taking Your Peace? Is Any Temporary Emotion Worth Cultivating? Yes! Your Body Will Thrive And Your Relationships Will Last If You Fill Them With High Vibrations Of Love.

所有一切都是选择。善良、粗鲁、悲伤与快乐皆由你自己创造。若你明白，所有情绪皆因你的思绪与视角而生生灭灭，你或许会驻足反思。世间有什么值得你失去平静？是否有任何短暂的情感值得滋养？
是的！如果你充满爱的高频振动，

你的身体会茁壮成长，你的关系将地久天长。

In The Higher Realms, There Is No Ego. There Is No Discord Or Fighting. With Service To Others, There Is Only Gratitude And Deep Commitment To Those We Love. So What Could Possibly Serve A Perfect Soul In Coming To Earth To Live In Duality?

在高维度没有自我，也没有冲突或争斗。通过服务他人，只有对我们所爱之人的感激与深切承诺。那么，能有什么，可以为一个来到地球二元性中生活的完美灵魂提供帮助呢？

In The Pleiades And All Elohim Races,
We Understand Consciousness And
Spirit. We Have Mastered Energy And
We Travel Where We Desire. But
Earth Offers So Much In The
Journey Of Each Soul. You Are One
Of These Infinite Travelers. You Have
Been Here Many Times.

在昴宿星和所有耶洛因种族中，我们理解意识和精神。我们已经掌控了能量，并可以随心所欲地旅行。但地球在每个灵魂的旅程中提供了如此多的东西。你就是这些无限旅行者中的一员。你已经来过这里好多次了。

Arriving As An Infant From The
Higher Realms Allows For A New
Beginning Of A Waking Dream. You
Already Have A Plan. And You
Understand Fully That You Will
Falter. You Know That
Forgiveness Will Play A Big Part In
Your Story. And Yet You Continue
To Enter More Dreams Full Of
Adversity.

从高维度降生到地球成婴儿，意味着开启一段清醒梦的旅程。你已经有了一个计划，深知自己必将踉跄前行。你明白在你的故事中，宽恕

将是重头戏。然而，你仍选择一次次回到充满逆境的清醒梦里。

It Is All Worth It With The Understanding That Each Dream Allows For Greater Expansion In Consciousness. Each Soul Arrives With A Decision To Be Part Of A Certain Family, Race, Socioeconomic Background And Personality. You Choose To Forget Who You Really Are. This Allows Exploration And A Depth Of Being Not Possible Without The Contrast Missing In Origin. Experiencing Duality Allows Wisdom To Be Gleaned And The Absolute Joy

Of Awakening And Experiencing Light.

明白了每次清醒梦都能带来意识的巨大扩展，这一切都是值得的。每个灵魂降临世间时，都已决定成为某个家庭、种族、社会经济背景和个性的一部分。你们选择忘却自己是谁。这使你们得以探索到存在的深度，这在缺乏巨大反差的起源地是无法实现的。经历二元性，可以让人汲取智慧，也带来光之觉醒体验的极致喜悦。

The Unfolding Of Experiences Is Varied But Nothing Is Wasted For Anyone. Everything Is Here To Serve

You. Everything Is Here To Transcend To Spirit. You Have The Opportunity To See Each Aspect As A Gift. Some People Are Healed Of Maladies And Others Might Walk With A Limp But Feel Absolute Joy. Every Person Has The Gift Within To Explore The Reasons For Everything And Find Gratitude. Everything On Earth Is Temporary Except The Soul And The Light Of Spirit.

经历的展开多种多样，但对任何人来说都没有浪费。一切都在这里为你们服务，并超越到精神。你会有机会将每个事物都视为礼物。有些人的疾病痊愈了，而另一些人却可能

在一瘸一拐的蹒跚而行中，感到绝对的喜悦。每个人都带着探索一切原因并找到感恩的天赐之礼。除了灵魂和精神之光以外，地球上的一切都是暂时的。

Cultivate The Inner World And
Become The Presence Of Your Soul.
Observe And Detach From Negativity.
Make Every Moment Count With The
Blessing Of Being Alive In The Final
Waking Dream On Earth.

培养你们的内在世界，成为灵魂的临在。观察负能量并与之切割。你们有福活在地球上最后一场清醒梦里，莫要虚度每一寸光阴。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

LAKA 拉卡