

AKATU ~ Realizing You Are
Everywhere

阿卡图 ~ 意识到你无处不在



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Beloved Friends Of Earth! 亲爱的
地球朋友们！

In This Moment Of Conscious Awareness, I Will Ask You Where You Are In Location. You Might Immediately Think Of A Chair, Bed, Vehicle Or Even State Or Country. But The Truth Of This Exercise And Communication Will Take You Much Deeper. The Intention Is To Bring Comfort As You Realize The Enormity Of The Soul With Light And Power. You Are This Soul.

在这个意识觉醒的时刻，让我问问你，你的位置在哪里？你可能会立刻想到椅子、床、汽车，甚至是个国家。但此交流练习的真相，会带

你走入很深。我们想给意识到光力量灵魂之宏大的你带来安慰。你就是这个灵魂。

We Have Spoken Often About Spirit, Consciousness And Energy. Everything That Is Alive Has All Of These Aspects As A Sacred Life Force. Upon Arrival To The Dimension And Density Of Earth, The Journey Of Everything Before This Moment Is Forgotten. In Utero, A Soul Takes The Identity Of A Human That Is Formed by Choice. The Akashic Has Recorded Every Life Story And The Psyche Of Each Human Begins With A New

Waking Dream.

我们经常谈到精神、意识和能量。一切活着的东​​西，都有神圣生命力的这些方面。到达地球的维度和密度后，此前的一切旅程都被遗忘。灵魂在子宫内，会以人类选择的身份出现。阿卡西记录里留下了所有的生命故事，每个人的心智都是从新的清醒梦开始的。

The Many Interests Expand With Sights, Sounds And Touch. Preferences Of Tastes And Smells Develop Early. Familiarity Grows And The Focus Of A Developing Human Becomes More Present With

A Sense Of Self. Over Time, The Story Becomes More Structured And Awareness Seems To Settle With The Ego. It Becomes About 'Me' As Choices Are Made To Benefit The Self. Awareness Becomes Focused On The Here And Now And Often With Rigidity.

许多兴趣随着视觉、听觉和触觉而扩展。对味道和气味的偏好很早就已形成。随着人类熟能生巧，成长的关注点也会变成更具自我意识的当下。随着时间的推移，故事变得更有条理，自我意识似乎也逐渐稳定在小我身上。当人们选择利己的时候，一切都成了“我”要怎样。

意识变得专注于此时此地，而且常常是僵化的。

You Might Feel Isolated And Alone At Times. You Might Feel That You Do Not Belong Anywhere. But This Journey Of The Soul Is Infinite And You Are Part Of The Great Tapestry Of Life.

你有时会感到身单影只。你可能会觉得自己不属于任何地方。但灵魂的这个旅程是无限的，你是伟大生命织锦的一部分。

So In These Moments, I Will Ask You To Be Open To Truth. This Will Take

You To The Far Reaches Of The Infinite Mind. The Brain Is The Conduit For Receiving Messages And Communication. But The Mind Is Your Connection With Oneness And Spirit. There Is One Sacred Universal Mind. You Are Part Of Everything.

因而，此刻，我要请你们向真理敞开心扉。这将带你走向无限心灵的远方。大脑是接收信息和交流的管道。而心灵则是你与合一精神的连接。有一个神圣的宇宙之心。万物中皆有你。

With The Understanding Of Expanded Consciousness You Will See That

Bilocation, Translocation, Remote Viewing, Astral Travel And The Perception Of Leaving The Body In Near Death Experiences All Have Consciousness In Common. If You Are Sitting In A Chair At This Moment, It Is Possible To Visit Many Other Realms. Close Your Eyes And Go Within. Relax And Breathe Deeply And Allow Your Inner Sight To Activate. This Is Not Abnormal. This Is Who You Really Are.

理解了扩展意识，你就会发现双地术、移位术、遥视、星体旅行，以及濒死体验中的出体感知，都具有共同的意识。如果你此刻坐在椅子

上，是有可能访问许多其它维度的。
闭上双眼，走进内在。请放松，深
呼吸，让你的内视激活。这并不反
常。这才是真正的你。

In One Moment Of Not Expecting
Anything, A Seer Can Travel Around
Their Home, To The Rooftop, Over
Trees And Into Deep Space. No
Human Is Above Another In Value.
Some Have Arrived With Gifts To Be
Used In Service To Others. These
Gifts Of 'Clairs' We Have Spoken
About Many Times Are Not Useful
Unless In Assistance To Others.

在放松的一刻，洞见之人能环游自

己的家、上到屋顶、俯瞰树林，乃至飞入太空深处。所有人类都有相同的价值。有些人是带着礼物来为他人服务的。我们曾多次提到的“洞见”天赋，只有在帮助他人时才会派上用场。

The Energy Of The Soul Is Powerful And Full Of Light. The Human Body Cannot Contain It All. Therefore An Energy Field Beyond That Around The Body, Extends In All Directions And Remains Throughout The Waking Dream. It Is This Sacred Field That Telepathy Enters. It Is In This Light That Angels Visit. It Is In This

Beauty That Fairies Enter In Portals Of Colors. You Brought This Energy With You When You Were Born. The Energy Field That Is Known To You On Earth And Scientifically Is In Response To Your Own Actions And Thoughts. It Is Not The Same As The Soul's Energy Field Which Is Sacred Light.

灵魂的能量是强大而荷光的，人类无法将其全部纳入身体。因此，有一个超越身体四周场域的能量场，向四面八方延伸，并在整个清醒梦中持续存在。心灵感应用的就是这片圣域。天使也正是在这束光中造访。正是在这种美丽中，仙女们穿

过彩门而来。你出生时就带着这种能量。你所知的地球上这个科学能量场，只对你们自己的想法和行为做出回应。它和灵魂的圣光能量场不同。

In Your Chair With Eyes Closed, Realize That You Are Also In Many Places. Around You Are Beings So Beautiful That You Would Laugh And Cry Simultaneously If You Saw Them. Pets That Have Left The Body Will Often Remain Close In The Sacred Light Around You. You May Believe You Are Sitting Quietly In Your Chair, But You Also Are In Many Other

Rooms Of Your Home. Your Awareness Tells You Of This Location Of The Body. Your Perception Follows Your Senses. But As You Become The Soul With Alignment. You Will Discover That You Live In Unlimited Locations Within The Consciousness That Is Always There.

坐在椅子上，闭上眼睛，意识到你也身在多处。在你周围有如此美丽的生命，如果能看到他们，你会又哭又笑。去世的宠物，常常会亲密地呆在你周围的圣光里。你可能认为自己正安静地坐在椅子上，但其实你还在家中的许多其它房间里。

你的意识会告诉你身体的这个位置。你的感知跟着你的感官走。但当你变得和灵魂对齐时，你会发现，你生活在意识中的无限位置，而意识一直都在那里。

The Ability To See Is Not Necessary To Realize How Magnificent You Are. But Many Have Opened To Visions Of Their Origin, Family And Gifts That Were Once Seen As Evil. Only Those That Do Not Hear The Music Of Life, Never Dance.

要认识到自己有多么伟大，并不需要具备视觉能力。但是，许多人已

经开启了视像，看到他们起源、家人、和一度被视为邪恶的天赋。只有听不到生命之音的人，才不会翩翩起舞。

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

AKATU 阿卡图