

AKATU ~ No Effect Unless You Respond  
阿卡图 ~ 不予回应，便会心静如水



(波士顿老钉译， 2024年12月7日)

Beloved Friends Of Earth! 亲爱的地球朋友们！

With The Completion Of A Major Cycle Of Change  
Within The Earth, All Souls Will Also Experience  
This Frequency. In The Final Moments Of This  
Waking Dream, We Urge You To Find Peace Within.  
There Has Never Been Such An Opportunity To Share  
News Almost As It Happens. With The Unfolding Of  
Opinions, Blending Cultures And Clashing Energy, It



*Is No Wonder That Many Feel A Bit Chaotic At Times. Do Not Become Anxious As You Desire The Grand Shift To Unfold. Rather Know That As A Soul That Knows Only Timelessness, The Portal Of Light Is As Close As Your Next Breath. You May Smile Now.*

随着地球上一个重大变革周期的结束，所有灵魂也将体验到这一频率。在此清醒梦的最后时刻，我们敦促你们寻找内心的平静。从未有过如此好的机会，让我们几乎在第一时间分享新闻。随着各种观点的展开、文化的交融和能量的碰撞，许多人不时感到有些混乱也就不足为奇了。当你渴望大转变展开时，不要变得焦虑。而是要知道，作为一个只知道永恒的灵魂，光之天门就在你的下一次呼吸之间。你现在可以微笑了。

*This Communication Is Regarding The Onslaught Of Destruction Felt In An Individual Perspective. For*



*Many Can Handle The News Of Others In Degrees  
But Their Own Experience Is Overwhelming.*

本次交流谈谈从个人角度感受到的毁灭性冲击。因为很多人都能在一定程度上接受别人的消息，但他们自己的经历却让人难以承受。

*You Might Discover That Your Own Quick Reaction  
To A Loud Noise, A Criticism Or A Loss Of Any  
Kind, Is To React With Emotions. This Can Escalate  
The Energy And Magnify The Issues. You Truly  
Affect The Situation With Your Own Response.  
Breathe Deeply And Slow The Thinking. The Mind  
Has Endless Suggestions And Reminders Of Hundreds  
Of Other Instances Where The Same Scenario Played  
out. If You Can Become Calm For Just A Moment,  
You May Remember A Mantra Or A Positive  
Thought. There Is Always A Choice With Your  
Response.*

你可能发现，自己对嘈杂声、批评或任何损失，会飞快地做出情绪化的反



应。这会使能量升级并放大问题。你的反应会真正影响情势。请做深呼吸，放慢思考。头脑中会有无穷无尽的建议，提醒你过往的成百上千次相同境遇。如果能冷静片刻，你可能会想起一句谕令，或一个积极的念头。你总是可以选择不同反应。

*If You Allow Emotions To Cloud Your Judgement, You Will React Blindly And Unnecessarily. The Moment You Raise Your Voice, The Entanglement With The Problem Is Tied To You Energetically. Slow The Response Or Distance Yourself. Turn Off The Devices That Also Divide You With Conflict. Stop Reading The Comments And Practice Deleting And Blocking Those That Wish To Cause Further Problems. Nothing Is Worth Your Peace. And Certainly Not A Social Media Account.*

如果让情绪蒙蔽了你的判断，你就会做出盲目和不必要的反应。当你提高嗓门的那一刻，就在能量上和问题纠



缠不清了。 放慢反应速度或拉开距离。 关闭那些让你陷入冲突的设备。停止阅读评论，删除和屏蔽那些想制造更多问题的人。没有什么值得你的平和。当然，社交媒体账户也不例外。

*If Someone Lashes Out At You, Become Wise As You Realize Their Energy And Projection Has Nothing To Do With Who You Are. It Has Everything To Do With Them.*

如果有人对你大打出手，你要变得明智，因为你意识到他们的能量和投射与你无关，而是与他们自身息息相关。

*Refuse To Engage And Find Yourself. The Moment Of Being The One To Remain Silent Is The Moment Of Peace. Energy Is Never Destroyed And It Will Dissipate. But How Nice To Know That It Returns To The Sender. They Will Feel Their Own Daggers*



*And With Wisdom They May Choose To Change  
Their Tactics.*

拒绝接驳，找回自我。保持沉默的时刻就是和平的时刻。能量不会被摧毁，但会消散。但知道能量会返回到肇事者。他们会感受到自己的锋芒，如果有点智慧，他们可能会选择改变策略。

*Your Response In Calmness Or Not Being The Last  
To Throw An Insult Is Like Putting Out A Fire.  
Leave It And The Flames Will Become Embers. Only  
Ashes Will Remain As You Walk Away With Peace  
In Your Heart.*

你的冷静回应或不做最后一个辱骂者，就像在灭火。离开它，火焰将变成余烬。当你心平气和地离开时，只剩下灰烬。





EN EEKE MAI EA! 恩溢满爱!

I Love You So! 我如此爱你!

AKATU 阿卡图