

NEIOH ~ Receiving Downloads

尼奥 ~ 接收下载



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Beloved Friends Of Earth! 亲爱的地球
朋友们!

You Move And Live In Light And
Sound. The Spirit That You Are Is
Transmitting Frequencies To The Outer
Perimeter Of The Universe. Life Is
Holographic And Spirit Is Infinite. You
Arrived On Earth To Not Only

Survive But Thrive Throughout Anything
That Might Unfold. One Of The
Mechanisms In Place To Assist Is
Uploads Of Energy Within The Soul.
This Is Unknown Until Activated. Then
Power Is Available With New
Insights And Abilities. This
Communication Is About Uploads And
Downloads And What This Means For
You!

你们在光与声中行动和生活。你们的精

神正在向宇宙外围传送频率。生命全息，精神无限。你们来到地球，不仅是为了生存，更是为了在任何可能发生的事情中茁壮成长。现有的辅助机制之一就是在灵魂中上传能量。这个机制，在激活之前并不为人所知。激活后，就能获得新的洞察力和能力。本次交流将谈及上传和下载，及其对你们的意义！

In Teaching And With The Intent To Clarify These Methods Of Activation,

Know There Is A Difference. One That Arrives With Uploads Has Chosen In Origin To Activate With Gifts And Expressions At A Certain Time. This Will Involve The Individual Soul And Not The Collective. It Will Allow Many Themes Experienced By The Soul To Be Completed Before Activation. The Created Personality May Suddenly Have An Excitement And Enthusiasm To Paint, Draw, Sing, Dance Or Play

Instruments. Aspects Of Life That Once Sounded Boring And Mundane Are Approached As An Expression Of The Soul.

在教学中，为了澄清这些激活方法，我们要知道它们之间是有区别的。带着“上传”抵达地球的人，是在起源地就已经选择好了，在特定时间激活这种天赋与表达。这将涉及个人灵魂，而不是集体灵魂。这将使灵魂经历的许多主题在激活前完成。被创造的人格，可能会

突然对绘画、唱歌、跳舞或演奏乐器产生兴奋和热情。曾经听起来枯燥乏味、平凡无奇的生活方面，现在都被灵魂的表达充填。

A Download Is Very Different. It Is An External Activation From The Galactic Federation, Friends In The Higher Realms Or Other Higher Beings. Frequencies Are Sent To Open Chakras, Change Hearts, Increase Light,

Give Information Or A Number Of
Other Helpful Gifts. The Individual Will
Note A Change In Creativity, Interests
And Sleep Patterns. Many Will Sleep
More And Others Can Barely Sleep As
The Frequencies Of Downloads Are
Powerful And Large Amounts Of
Information Are Received.

而下载则截然不同。它是来自银河联邦、
高维度朋友或其他高维生命的外部激活。
发送频率的目的是打开脉轮、改变心灵、

增加光、提供信息或其他一些有用的礼物。涉及的个人会注意到创造力、兴趣和睡眠模式的改变。许多人会睡得更香，而另一些人则几乎无法入睡，因为下载的频率非常强大，能接收到大量信息。

Some Downloads Are From Crafts In
The Area. Great Numbers Of Starseeds
May Receive Downloads
Simultaneously. The Frequencies
Empower The Person And A Fresh

Direction Is Noted. New Ideas And
Information Finally Make Sense.

Awakening Is Rapid And These
People Have Interests In Watching Crafts
And Speaking About Dimensions And
Densities. This Is The Time That Many
Families And Friends Part Ways. It Is
Like Oil And Water. There Is No
Relating Anymore. There Is No Going
Back.

有些下载来自该地区的飞船。大量星际

种子可能同时接收下载。这些频率会增强人的能力，并注意到新的指向。新的想法和信息终于呈现意义。他们会迅速觉醒，并对观看飞船、谈论维度和密度产生兴趣。也正是这时，许多家庭和朋友就像油和水一样分道扬镳，彼此再无关系。回到过去是再无可能了。

But When There Is A Space, It Will
Most Assuredly Be Filled. A New
Frequency Is Present And There Is No

Doubt That These People Are Becoming
Their True Selves. The Higher Self Is
Present And Alignment Is
Experienced Ongoing. Each Person Will
Become A Better Version Of
Themselves.

但只要有空间，就一定会被填满。新的
频率已经出现，毫无疑问，这些人正在
成为真正的自己。高我呈现，并且正在
经历对齐。每个人都将成为更好版本的
自己。

Many People Will Have Vivid And
Lucid Dreams Of Places In The Higher
Realms. They May Encounter Beings
With Messages That Are Profound.
These People Will Become Teachers For
Many That Never Felt They Could
Express Their Own Thoughts
Regarding The Higher Realms. Others
May Have Visions That Are Meaningful
And Deeply Spiritual.

许多人会做一些生动而清晰的高维之梦。他们可能会遇到传递着深刻信息的生命。这些人会成为许多无法表达高维想法的人的老师。还有一些人可能会看到有意义的、深刻精神层面的景象。

Frequencies Of High Pitched Sounds Are Often Noted With Downloads. This May Cease Or Continue For Long Periods Of Time. Often There Are Conversations Of New Experiences And Starseeds Are Led

To Friends From Their Origin. This
Was Always The Plan. Light Amplifies
Light And Grows With Love!

在下载过程中，经常会听到高音调的频率。这种声音可能停止，也可能持续很长时间。经常会有关于新体验的对话，星种被引领到他们起源地的朋友那里。这一直是我们的计划。光会放大光，并与爱一起成长！

The Collective Is Always Involved When

Light And Frequencies Are Sent. For
The Movement Of Spirit Communication
Is Seamless As Creation Is Joined
Infinitely. You Are Part Of Life Itself.
Become Still And Quiet And Allow The
Frequency Of All Creation To Bathe
Your Mind, Your Body And Your
Sense Of Self. You Are Love And It
Is The Moment To Receive And
Remember.

当接收光和频率时，集体总是参与其中。

因为精神交流的运动是无缝的，因为创造是无限连接的。你是生命本身的一部分。静下来，让一切创造的频率沐浴你的身心灵。你就是爱，现在是接收并忆起的时刻。

We Are With You Now! 我们此刻就和你们在一起！

We Travel In Light! 我们在光中前行！

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！
NEIOH 尼奥

