## Elder IKAI ~ The Control Center 伊凯长老 ~ 控制中心

老钉译, 2023年1月17日

Friends Of Light! 光明的朋友们!

Many Of You Read The Title Of This Message And A Craft Or Mothership Came To Your Mind! 你们中的许多人在读到这个消息的标题时,脑海中浮现出一艘飞船或母舰!

Beloved Ones! There Is One Control Center And You Carry This Living Essence In Your Heart! 亲爱的人 们! 你携带有一个控制中心,就是 在你心中活的精华!

In This Brief Moment, I Am Only Sharing The One Aspect To See You Through To The Shift! 在此片刻,我只分享一个方面,让你们看到转变的到来!

Your Heart! Your Sacred Beating Heart That Allows Your Body To Live On And Carry Your Soul As Planned! 你的心! 你那颗神圣的跳动的心,让你的身体继续生存并按计划承载你的灵魂!

If You Are Reactive To The Ever Changing Energy Around You, Be Still. 如果你对周围不断变化的能量有反应,请静下心来。

Breathe Deeply. Be Silent. 请深呼吸。保持安静。

Bring Your Attention Within Your Heart And Close Your Eyes. 把你的注意力放在你的心里,闭上眼睛。

There Is Nothing Else. No One Else. Just Your Soul That Does Not Become Reactive With Emotions. 没有别的东西。没有其他任何人。只有你的

灵魂, 不会因情绪而产生反应。

Here Lies Your Power! 这就是你的力量!

If The Past Brings Pain And The Future Brings Fear, Look Up! Here We Are In The Skies Above You! 如果过去带来痛苦,未来带来恐惧,那么就请抬头看吧!我们就在你头顶一片天空中!

Everything Past And Future That Comes In Thoughts Are Illusions Of Energy. 思想中出现的一切过去和未来都是能量的幻觉。

## We Are Now! 我们就是现在!

Each Moment That You Unsteady, Angry, Confused Or Any Other Created Emotion From Thought, remember Who You Are! Know That The Light Forces Surround You With A Plan Of Perfection! 每当你感到 不稳定、愤怒、困惑或任何其他由 思想产生的情绪时,记住你是谁! 要知道,光明力量以完美的计划包 围着你。

Live In This Moment And Allow Life To Unfold As A Gift! 活在这一刻,

## 让生命像礼物一样展开吧!

You Have Come So Far To Discover The Depth Of Your Creation And Your Return To The Beginning! 在发现你创造的深度和回到起点的归途上,你已经走了这么远!

In Power We Rise Together! In Hearts We Live As One! 让我们同心协力,一起崛起!

I Am Elder IKAI Of The Galactic Federation! 我是银河联盟的长老伊凯!

I Will Usher You To Your Home!

## 我将带领你们回到你们的家园!

EN EEKE MAI EA! 恩-溢-满-爱! I Love You So! 我如此爱你!