

NEIOH ~ Energy, Consciousness
And Spirit

尼奥 ~ 能量、意识与精神



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Beloved Ones Of Light And Truth!

光与真相的亲爱的朋友们！

As You Move And Live And Visit Earth, Know In Truth That This Is Just A Dream. You Are A Complete Soul That Is Always Aware Of Life In Origin, All Incarnations And Other Densities. The Created Identity Seems So Real. But Once You Align The Personality With The Soul, The Perspective Will Change.

当你们在地球上活动、生息和造访时，要知道真相是，这只是一场梦。你是一颗完整的灵魂，永远知道在起源地的生活、你活过的所有往世，以及其它密度。这个人造身份看似

如此真实。但一旦你将人格与灵魂对齐，视角就会改变。

How Magnificent To Remember Who You Are! The Knowledge Of Infinity And Light Is Yours Once Again. Your Soul Will Teach You The Basics Of Life As Well As Sacred Wisdom Gleaned From The Beginning.

记起自己是谁，是多么伟大的事情！
无限和光明的知识再次属于你。你的灵魂会教给你生命的基本知识，以及从头开始汲取的神圣智慧。

Start With This Truth. There Is Only Energy, Consciousness And Spirit.

Light Would Be The Highest Frequency Of Energy. All Of These Aspects Are Necessary In The Expression Of Life. The Combination Allows You To Live. This Is The Reason We Tell You Often That You Are Everything. You Are Life Itself Knowing Itself In Many Ways. This Is The Gift For All Expressions.

从这个真相出发，只有能量、意识和精神。光是能量的最高频率。所有这些方面都是生命表达的必要条件。结合在一起，你才能活下去。这就是我们经常告诉你们，“你就是一切”的原因。你就是生活本身，以多种方式认识自己。这是所有表

达的天赋。

This Is The Beauty Of Becoming More With Individual Creativity. Free Will Allows You To Move Among Others And Choose To Become Still And Quiet. Living In Duality Allows Freedom. But Many Remain With The Created Ego And They Believe That Power Comes From Destroying Others.

这就是集个人创造性而成为更多的魅力所在。自由意志让你穿巡在人群中，却可以选择寂静而安详。生活在二元性中允许自由。但许多人仍然停留在被创造的小我中，相

信只有毁灭他人才带来力量。

Spirit Is The Source Of All Life. Spirit Is The Life Force That Breathes You. How Beautiful To Know You Are Being Breathed By Love. Consciousness Allows You To Know This. Spirit Moves Throughout Expanded Consciousness And Speaks To You With Profound Messages Of Assistance.

精神是一切生命的源泉。精神是你呼吸的生命力。知道自己被爱呼吸着，是多么美好。意识让你知道这一点。精神在扩展的意识中穿梭，向你说着深刻的信息，以助你一臂

之力。

With The Flowing Of Energy Through All Dimensions And Densities, You Know Unity As Oneness And Truth. Light Is The Greatest Power Of Movement And Knowing. Light Allows The Presence Of Being To Be Known And Experienced. Imagine This Sacred Light That You Seek Is Already Within Your State Of Being.

随着能量在所有维度和密度中流动，你知道了合一和真相。光是运动和认知的最大力量。光能让你觉知和体验到临在。想象一下，你所追寻的圣光已经在你的存在之中。

Spirit Moved Through The Ethers Of
Timelessness And With Intent,
Consciousness Came Alive. It Spoke
In Silence And Calm As Stars
Exploded In Colors And Became
Homes. Souls Moved In Elohim
Without Form As Spirit Continued To
Know Itself in Many Ways. Tones
And Colors Were The Energy Of This
Expression That Brought Mountains,
Trees And Oceans Of Beauty.

精神穿过永恒的以太，有了意图，
意识便鲜活起来。它在平静与安宁
中呢喃，而星辰在艳丽怒放，成为
家园。灵魂在耶洛因中无形地移走，

精神则继续更多地认识自己。音调
和颜色是这种表达的能量，它带来
了山脉、树木和美丽的海洋。

Spirit Created Individual Souls That
Would Love And Fear As They
Discovered And Explored. Light
Always Prevails And Those Souls
That Chose Oneness Became Known
As Pleiadians. Their Message
Resonated Through The Ethers And
Others Joined Them. In
These Moments, We Remain With
You In Spirit, Consciousness
And Light.

精神创造了个体的灵魂，他们在探

索和发现的过程中，既爱又怕。光
总是占上风，那些选择合一的灵魂
被称为昴宿星人。他们的信息在以
太中引起共鸣，其他人也加入了他
们的行列。此刻，我们以精神、意
识和光与你们在一起。

Nothing Else Exists And Nothing
More Is Needed. You Have Always
Had The Answers And You Have
Always Had A Choice. These Are
Moments To Remember And To
Understand With Love. Soon The
Journey To A Higher State Will Be
Propelled By The Power Of Light
Carried Within.

其它的都不存在，也不需要。你们
一直都有答案，也一直都有选择。
这些时刻，值得用爱去铭记和理解。
很快，内在之光的力量，将推动旅程
进入更高的境界。

Indeed, You Are Everything! 事实上，你就是一切！

Remember Who You Are! 记住你是谁！

EN EEKE MAI EA! 恩溢满爱！

I Love You So! 我如此爱你！

NEIOH 尼奥